# MHSA Public<br/>HearingKII-CITYAPRIL 12, 2022



#### **MENTAL HEALTH COMMISSION** Public Hearing 2022

#### BEFORE WE GET STARTED

We have Spanish and American Sign Language interpreters available

Please "raise your hand" if you have a question or would like to make a comment during the Public Comment period



## WELCOME

### **Rimmi Hundal**

#### Director of MHSA and Ethnic Services Tri-City Mental Health











MHSA Annual Update FY 2022-23

New Innovation Project – Psychiatric Advance Directives

Special Guest Speakers

#### Mental Health Services Act (Proposition 63)

#### ➢ November 2004

- California voters approved Proposition 63 (known as the Mental Health Services Act)
- Created a 1% tax on personal income over \$1 million dollars
- Allowed for the expansion of community mental health services







# Community Planning Process

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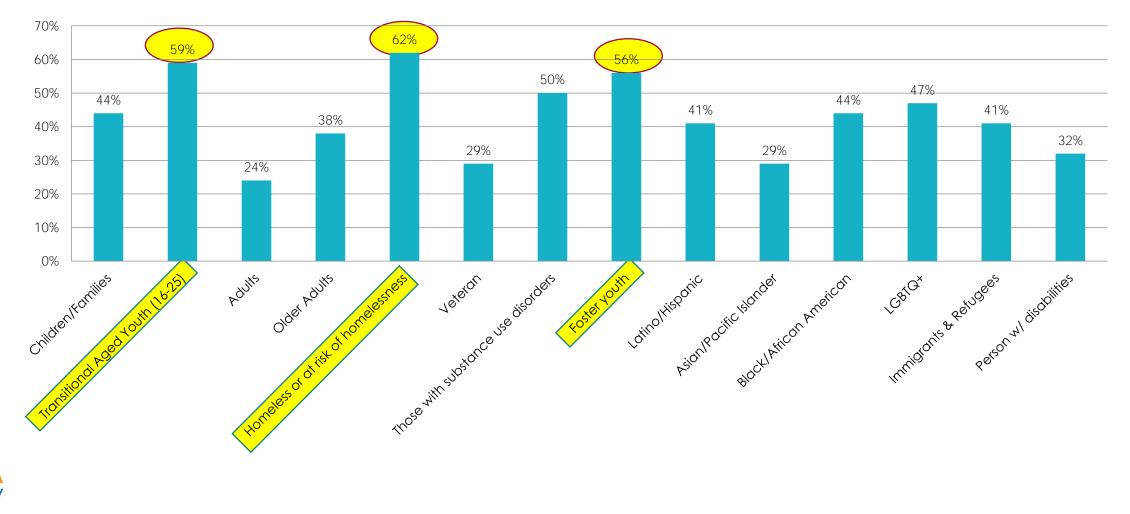
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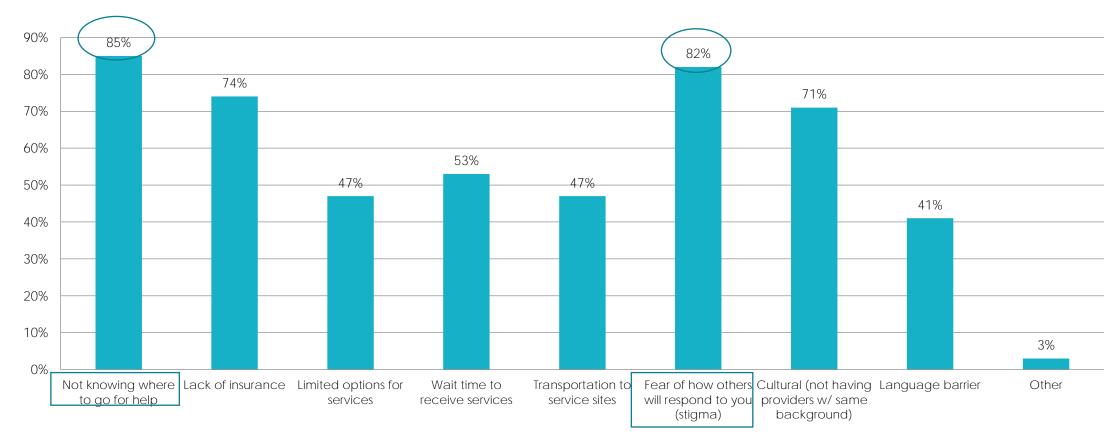


# MHSA Community Planning Survey

Indicate the population(s) you feel is most unserved/underserved communities.



## What do you feel are barriers to individuals seeking mental health support?





# How are the MHSA Programs doing ?

**Tri-City's MHSA programs:** Strongly Agree Agree Neutral Disagree Strongly Disagree 47% ... are meeting the needs of the community. 9% 37% 55% ... are meeting the needs of people in your community who are experiencing 33% 7% 49 a mental health crisis. 43% ... are meeting the needs of people in your community who have serious 18% mental health illness. 38% Members of the community are involved in the planning process for MHSA 46% 15% services.



- Description of our agency and the communities we serve
- Community planning process
- Current MHSA program updates
- New MHSA projects
- Outcomes and lessons
  learned
- Financial updates



Annual Update FY 2022-23



#### MHSA Annual Update Highlights

Allocate \$152,000 in Community Services and Supports Funds to Create Three Additional Community Navigator Positions

- o Allows for faster response
- Assist clients who are struggling with obstacles when trying to connect to resources
- Allows for additional Community Navigators to assist with additional resources when events, health, and medical screenings take place in the community

Transfer \$1,000,000 from the Community Services and Supports Plan to the Workforce Education and Training Plan

- Expand student loan repayment program
- Offer comprehensive training and internship programs that are a direct pipeline to our positions

Transfer \$1,700,000 from the Community Services and Supports Plan to the Capital Facilities and Technology Needs Plan

- Property Acquisition/Construction/Building
  Expansion
- Technology Needs including computer turnover, network and security refresh and software implementation



#### **Public Comments for** Annual Update

'I really approve of and support outreach programs. To me, this is consistent with what Bishop Desmond Tutu once said, "at some point, we need to stop pulling people out of the river and go upstream and see why they are falling in." This program seems to be an indicator that we are going upstream, taking psychology and its components to the people in need.'



Community

# **Psychiatric Advance Directives (PADs)**

INNOVATION PROJECT





What are Psychiatric Advance Directives (PADs)?

- Used to support treatment decisions for individuals who may not be able to consent to or participate in treatment decisions because of a mental health condition
- PADs allow the individual's wishes and priorities to inform mental health treatment
- PADs are created in a voluntary setting with full consent of the participant





#### Multi-County Project

\$789,360

7/1/2022 - 6/30/2025

- Creation of a cloud-based technology
  platform which operates in real-time
- Consumers can create, access, store and share their PAD with their appointed advocate, loves ones or providers
- Creates a shared system for Healthcare providers and first responder to allow immediate access to consumer's PAD during a crisis
- Innovation Component: Creating a dynamic technology platform with a single point of access and real-time capabilities does not currently exist



# What are we hoping to learn and how will it be evaluated?

Standardized training on the usage and benefits of PADs by stakeholders – Evaluation of process and understanding.

Peer created standardized PAD template with the facilitation of peers with lived experience- Evaluation of process and utilization ease.

Development of a training toolkit (in 9 Languages) to be used throughout various counties while maintaining reliability and consistency- *Evaluation of understanding and utilization*.

Creation and implementation of a cloud-based technology platform to utilize PADs- Evaluation of process, utilization and impact.



# What makes this project innovative?

Innovative Component:

 Creating a dynamic
 technology platform with a single point of access and
 real-time capabilities which
 does not currently exist

Create a standardized
 PADs template for utilization
 across California





#### PUBLIC COMMENTS FROM STAKEHOLDERS

"I like Advanced Psychiatric Directives (PADS). As a retired police officer, I can potentially see PADS as being an important de-escalation tool for police and mental health staff. It's an essential piece of communication when someone may not be communicating so well. Police included.

I wish you the best of luck. Looking forward to following this program."





Question: "I'd just appreciate clarification about whether an individual would already have to have a mental health diagnosis before submitting a PAD on their own"

Answer: Although our primary focus for this project is on individuals with mental illness, we anticipate making PADs available to all community members who request this resource.





#### COURAGEOUS MINDS SPEAKERS BUREAU

- Enable speakers to tell their story in a safe and effective way
- Share their story in a variety of settings including high schools, colleges, parent groups, community forums, civic groups, professional conferences, and more
- Reduce the stigma surrounding mental health
- Show others that they are not alone in their struggles and that support is available
- Empower people to reach out for help when needed
- Bring the community together to engage in positive conversations about mental health

#### Jared Diehl Toni Lynn Watson

How has your experience as a Courageous Minds Speaker impacted your mental wellbeing?

How do you feel sharing your story has impacted others as far as their views on mental illness and recovery?

Do you have any suggestions about how Tri-City can improve on their outreach and engagement of individuals with mental illness?







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# FINANCIAL UPDAIDE

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		Α	MHSA Funding B C D E F						
		Community Services and Supports	Prevention and Early Intervention	Innovation	Workforce Education and Training	Capital Facilities and Technological Needs	Prudent Reserve		
A. Estin	nated FY 2022/23 Funding								
1	. Estimated Unspent Funds from Prior Fiscal Years	19,278,875	4,037,204	2,697,746	808,952	1,529,299			
2	. Estimated New FY 2022/23 Funding	8,477,602	2,119,401	557,737					
3	. Transfer in FY 2022/23 <sup>ª/</sup>	(2,700,000)	0	0	1,000,000	1,700,000	C		
4	Access Local Prudent Reserve in FY 2022/23	0	0				C		
5	. Estimated Available Funding for FY 2022/23	25,056,477	6,156,605	3,255,483	1,808,952	3,229,299			
B. Estin	nated FY 2022/23 MHSA Expenditures	12,284,819	2,221,506	253,661	857,628	703,183			
G. Estimated FY 2022/23 Unspent Fund Balance		12,771,658	3,935,099	3,001,822	951,324	2,526,116			
I. Estin	nated Local Prudent Reserve Balance								
	1. Estimated Local Prudent Reserve Balance on June	2,349,321							
	2. Contributions to the Local Prudent Reserve in FY 2022/23		0						
	3. Distributions from the Local Prudent Reserve in FY 2022/23		0						
	4. Estimated Local Prudent Reserve Balance on June 30, 2023		2,349,321						



	MHSA Funding							
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Some of the funds shown as unspent may be "encumbered" for future expenditures or will have been spent before the end-of-fiscal annual reports.

#### PUBLIC COMMENT

- 1. **Please "raise your hand"** if you would like to speak
- 2. Type your question in the Q & A section
- 3. Complete the online survey in the chat

Stakeholder Survey





# What Comes Next?

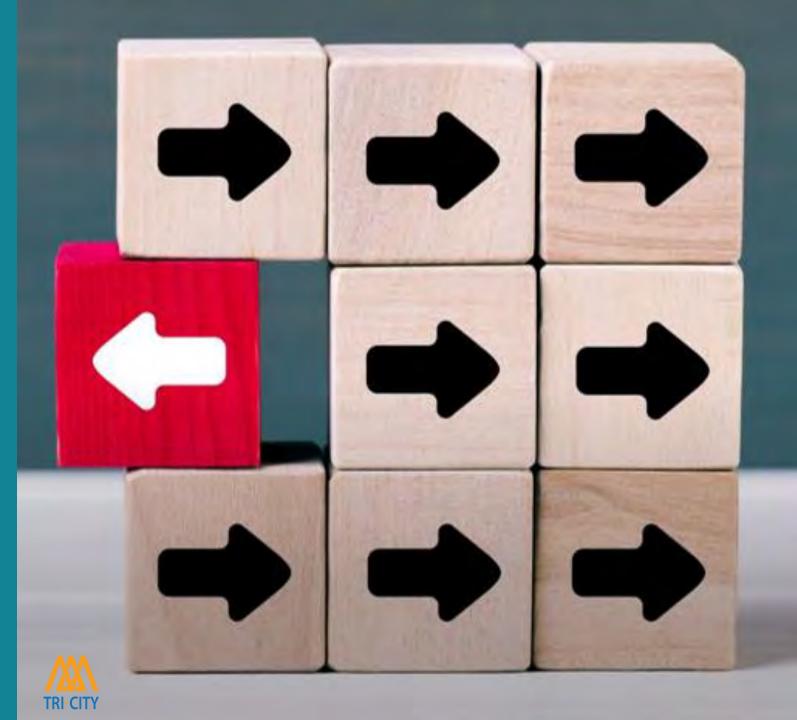
**TRI-CITY** 

MHSA Annual Update will be presented to Tri-**City's** Governing Board on April 20 for approval

PADs Innovation project will also be will be presented to Tri-**City's** Governing Board on April 20 for approval

PADs Innovation project will be presented to the Mental Health Oversight and Accountability Commission (MHSOAC) for final approval

Plans go into effect on July 1, 2022



#### MENTAL HEALTH COMMISSION

#### Public Hearing 2022





#### Motions for Recommendations to the TCMHA Governing Board

A motion to recommend to the TCMHA Governing Board to approve the MHSA Annual Update for Fiscal Year 2022-23.

A motion to recommend to the TCMHA Governing Board to approve the Multi-County Psychiatric Advance Directives (PDAs) Project under the MHSA Innovation Plan.

