

# MINUTES ADJOURNED REGULAR MEETING OF THE GOVERNING BOARD SEPTEMBER 24, 2014 – 4:45 P.M.

The Governing Board met in an Adjourned Regular Meeting on Wednesday, September 24, 2014 at 4:45 p.m. in the Administrative Office, 1717 N. Indian Hill, Suite B, Claremont, California.

**CALL TO ORDER** Chair Lantz called the meeting to order at 4:45 p.m.

ROLL CALL A visual roll call was taken.

PRESENT: Paula Lantz, City of Pomona, Chair

Chuck Leeb, Ph.D., City of Claremont, Vice Chair

Robin Carder, City of La Verne, Board Member (arrived at 4:47 pm) Carolyn Cockrell, City of La Verne, Board Member (arrived at 4:48 pm)

Joseph M. Lyons, MA, Ph.D., City of Claremont, Board Member John Nolte, City of Pomona, Board Member (arrived at 5:08 pm)

Bill Aguirre, City of La Verne, Alternate Board Member

ABSENT: Edina Martinez, Psy.D., City of Pomona, Board Member

STAFF: Jesse H. Duff, Executive Director

Darold Pieper, General Counsel

Margaret Harris, Chief Financial Officer

Toni Navarro, LMFT, Director of Clinical Program Services

Nancy Gill, Chief Operations Officer

Elizabeth Owens, Manager of Best Practices

Rimmi Hundal, MHSA Manager

Diana Acosta. Controller

Jamie Holes, Community Capacity Organizer Donald Pruyn, Housing Project Manager

Mica Olmos, Executive Assistant

### CONSENT CALENDAR

There being no comments, Vice-Chair Leeb moved, and Alternate Board Member Aguirre seconded, to approve the Consent Calendar. The motion was carried by the following vote: AYES: Alternate Board Member Aguirre; Board Member Lyons; Vice-Chair Leeb; and Chair Lantz. NOES: None. ABSTAIN: None. ABSENT: Board Members Carder, Cockrell, Martinez and Nolte.

1. APPROVAL OF MINUTES FROM THE JULY 16, 2014 GOVERNING BOARD REGULAR MEETING

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At 4:46 p.m., Board Member Robin Carder arrived at the meeting.

#### **PRESENTATION**

## 2. UPDATE ON TRI-CITY'S STIGMA REDUCTION EFFORTS IN CONJUNCTION WITH SUICIDE PREVENTION WEEK

Executive Director stated that Community Capacity Organizer Jamie Holes was in attendance to talk about Tri-City's stigma reduction efforts in conjunction with Suicide Prevention Week which took place during the week of September 8th.

Community Capacity Organizer Holes distributed informational materials about Tri-City's Room4Everyone campaign as well as for suicide prevention.

At 4:48 p.m., Board Member Carolyn Cockrell arrived at the meeting.

Ms. Holes then talked about Tri-City's Room4Everyone stigma reduction program, noting that internally staff is making it part of Tri-City's culture; in the community, Tri-City staff continues to take every opportunity to be visible with stigma reduction materials; and through Courageous Minds Speakers Bureau who share their success stories of recovery. She then stated, that through Tri-City's stigma reduction in collaboration with CalMHSA, Tri-City was asked to submit a "selfie" for a book that is being prepared for California State Senator Darrell Steinberg, wherein depicts people whose lives have been changed as a result of the Mental Health Services Act. She then talked about the survey that Tri-City is currently using to measure people's attitudes and beliefs towards stigma in our communities, as well as the results through the end of last fiscal year. She indicated that Tri-City is in the process of identifying performance measures through RBA which will keep staff focused on how much we do, how well we do it. and is anybody better as a result of it. She then talked about the Courageous Mind Speakers Bureau and their strategy to impact people by challenging them in looking at their own beliefs and attitudes; explained the diversity of its members; and talked about how they train as a group to learn to share their story though workshops that Tri-City has held. She also stated that Tri-City staff is currently working on the Room4Everyone Campaign website wherein all materials and information will be available to help engage the community. Lastly, she said that as a result of outreach from the Room4Everyone Campaign, the City Manager of the City of Pomona asked that Tri-City do a stigma reduction presentation to its Executive Team.

Chair Lantz inquired which school in the Pomona School District she made a presentation to. Community Capacity Organizer Holes replied that the presentation was made to the Community Day School mental health support workers, its new intern, and five of their parents. Ms. Holes indicted that the conversation also included ideas, not only to support and train parents/students to tell their story, but also how to help parents to identify and get help for their kids that might be struggling.

Governing Board Member Lyons asked for an appraisal of people's attitudes, wanting to know if people are being more open and willing to discuss the matters. Community Capacity Organizer Holes stated that there is definitely an interest, noting that her strategy is to invite people to leave their contact information so that she can follow-up with them. She explained that stigma varies depending on the communities that staff engages with.

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Community Capacity Organizer Holes then introduced Brian, an active member in the community of Pomona, who joined the Courageous Minds Speakers Bureau to partner with Tri-City in fighting stigma by sharing his story to encourage others to seek help and to build a supportive network for him.

At 5:08 p.m., Board Member John Nolte arrived at the meeting.

Brian said he wanted to illustrate mental stress and that recovery is possible. He indicated that he suffers from a mental illness, how he missed all the warning signs, when he decided to seek help, his treatment and progress to recovery, and his hope in moving forward living with a mental illness with the right help and support.

#### **NEW BUSINESS**

# 3. APPROVAL TO RE-APPOINT TO THE TRI-CITY MENTAL HEALTH COMMISSION CITY OF CLAREMONT RESIDENTS: CHERYL BEREZNY; AND DONALD R. PEREZ

There being no discussion, Vice Chair Leeb moved, and Board Member Carder seconded, to re-appoint for an additional 3-year term, Cheryl Berezny and Donald R. Perez, respectively, as members to the Mental Health Commission. The motion was carried by the following vote: AYES: Board Members Carder, Cockrell, Lyons, and Nolte; Vice-Chair Leeb; and Chair Lantz. NOES: None. ABSTAIN: None. ABSENT: Board Member Martinez.

#### MONTHLY STAFF REPORTS

#### 4. EXECUTIVE DIRECTOR REPORT

Executive Director Duff stated that in general, all housing projects are moving along very nicely and announced that Tri-City will be hosting on October 1, 2014 a tour of the newly renovated Park Avenue Apartments in Pomona, which renovation was possible through the generosity of the Pomona Housing Authority. He indicated that the Governing Board, the Mental Health Commission, and other stakeholders were invited. He then reported that the Clifford Beers Housing project, on Holt Avenue in Pomona, was not successful in obtaining the Tax Credit required and will file another Tax Credit Application in March 2015. He added that Tri-City had a very productive meeting with the LAC DMH executive management staff during the last week in August; that a lot of progress was made, that many issues were resolved; that communication channels were improved, and that steps were setup for those issues that were not resolved; noting that Tri-City management team walked away very encouraged. He then talked about the MHSA community planning Stakeholders Process, stating that currently there is an extensive outreach effort and will continue through October. He then encouraged the Board Members to participate if their time permits them.

#### 5. CHIEF FINANCIAL OFFICER REPORT

Chief Financial Officer Harris stated that the Financial Statements being presented are preliminary before final audit adjustments. She also stated that she and Controller Diana Acosta were finalizing the report with the auditors and that they are expecting to present the audited report at the October Governing Board Meeting.

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### 6. DIRECTOR OF CLINICAL PROGRAM SERVICES REPORT

There was no comment.

#### 7. CHIEF OPERATIONS OFFICER REPORT

There was no comment.

#### 8. MANAGER OF BEST PRACTICES REPORT

There was no comment.

#### MHSA MANAGER REPORT

There was no comment.

There being no further comments, Board Member Lyons moved, and Vice Chair Leeb seconded, to receive and file the month of September staff reports. The motion was carried by the following vote: AYES: Board Members Carder, Cockrell, Lyons, and Nolte; Vice-Chair Leeb; and Chair Lantz, NOES: None, ABSTAIN: None, ABSENT: Board Member Martinez.

#### **GOVERNING BOARD COMMENTS**

Executive Director Duff reported that Carolyn Cockrell, City of La Verne resident, was reappointed to continue to serve as member of the Governing Board by the La Verne City Council.

### **PUBLIC COMMENT**

There was no comment.

#### **CLOSED SESSION**

At 5:25 p.m., the Governing Board recessed to a Closed Session pursuant to Government Code Section 54957: Public Employment, position to be filled: Executive Director.

At 6:27 p.m., Board Member Robin Carder left the meeting.

#### RECONVENE TO OPEN SESSION

At 6:30 p.m., the Governing Board reconvened to an Open Session.

#### **CLOSED SESSION REPORT**

There was no reportable action taken.

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## **ADJOURNMENT**

At 6:31 p.m., on consensus of the Governing Board its Adjourned Regular Meeting of September 24, 2014 was adjourned. The next Regular Meeting of Governing Board will be held on **Wednesday, October 15, 2014 at 4:45 p.m.** in the Administration Building, 1717 North Indian Hill Boulevard #B, Claremont, California.

Micaela P. Olmos, Executive Assistant