



MISSION

By understanding the needs of consumers and families, Tri-City provides high quality, culturally competent behavioral health care treatment, prevention and education in the diverse cities of Pomona, Claremont, and La Verne.

TRI-CITY MENTAL HEALTH AUTHORITY MENTAL HEALTH COMMISSION AGENDA

APRIL 13, 2021
3:30 p.m.

MEETING LOCATION

Pursuant to California Governor's Executive Order N-29-20 (Paragraph 3), adopted as a response to mitigating the spread of Coronavirus (COVID-19), the Mental Health Commission is authorized to hold its public meetings via teleconference and the public seeking to observe and to address the Mental Health Commission may participate telephonically or otherwise electronically. Therefore, this meeting will be held via teleconference. The locations from where the Commissioners are participating are not listed on the agenda and are not accessible to the public.

To join the Mental Health Commission meeting click on the following link:

https://webinar.ringcentral.com/webinar/register/WN_0fbZ17-MSaeh1zE_VeAsw

Or you may call: 1(213) 250- 5700 or 1(650) 242-4929
Webinar ID: 148 732 5737

Posting of Agenda. The Agenda is posted 72 hours prior to each meeting on the Tri-City's website: <http://www.tricitymhs.org>

Public Participation. Section 54954.3 of the Brown Act provides an opportunity for members of the public to address the Mental Health Commission on any item of interest to the public, before or during the consideration of the item, that is within the subject matter jurisdiction of the Mental Health Commission. The public can make a comment during general public comments or on a specified agenda item by leaving a voice mail message at (909) 451-6421 or by writing an email to molmos@tricitymhs.org. All voice mail messages and emails received by 1:30 p.m. will be read into the record at the appropriate time. If you wish to speak on a matter which is not on the agenda, you will be given the opportunity to do so at the Public Comment section. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Tri-City Mental Health Authority to all or a majority of the Mental Health Commission less than 72 hours prior to this meeting are available for public inspection at <http://www.tricitymhs.org>

CALL TO ORDER

Chair Henderson calls the meeting to Order.

Administrative Office / 1717 North Indian Hill Boulevard, Suite B, Claremont, CA 91711-2788 / 909.623.6131 p / 909.623.4073 f

Founded by Pomona, Claremont, and La Verne in 1960

ROLL CALL

Anne Henderson – *Chair*
Wray Ryback – *Vice-Chair*
Carolyn Cockrell – GB Liaison
Ethel Gardner

Joan M. Reyes
Twila L. Stephens
Alfonso Villanueva

David J. Weldon
Toni L. Watson
Davetta Williams

REGULAR BUSINESS

- I. **APPROVAL OF MINUTES FROM THE FEBRUARY 9, 2021 MENTAL HEALTH COMMISSION REGULAR MEETING**
- II. **APPROVAL OF MINUTES FROM THE MARCH 9, 2021 MENTAL HEALTH COMMISSION REGULAR MEETING**
- III. **PRESENTATION**
 - A. “RECOVERY MOMENTS” STORY
 - B. ANTI-RACISM TRAINING FOR ALL TRI-CITY STAFF AND STRATEGY TO EXPAND COLLABORATION WITH THE COMMUNITY
- IV. **EXECUTIVE DIRECTOR REPORT**

COMMISSION ITEMS AND REPORTS

Commissioners are encouraged to provide comments or ask questions about the community’s mental health needs, services, facilities and special problems. In addition, this is an opportunity to provide reports on their activities.

PUBLIC COMMENT

The Public may speak regarding any Tri-City related issue. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

ADJOURNMENT

The Mental Health Commission will meet next in a Regular Joint Meeting with the Governing Board to be held on **Wednesday, May 19, 2020 at 5:00 p.m.** via teleconference due to the COVID-19 pandemic.

MICAELA P. OLMOS
JPA ADMINISTRATOR/CLERK



**MINUTES
REGULAR MEETING OF THE MENTAL HEALTH COMMISSION**

FEBRUARY 9, 2021 – 3:30 P.M.

The Mental Health Commission met in a Regular Meeting on Tuesday, February 9, 2021 at 3:40 p.m. via teleconference pursuant to California Governor Newsom Executive Order N-25-20 wherein he suspended certain provisions of the Brown Act to allow the continuation to hold meetings without gathering in a room in an effort to minimize the spread and mitigate the effects of COVID-19 (Corona Virus Disease of 2019).

CALL TO ORDER Chair Henderson called the meeting to order at 3:40 p.m.

ROLL CALL Roll call was taken by JPA Administrator/Clerk Olmos.

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Joan M. Reyes
Twila L. Stephens
Alfonso "Al" Villanueva
David J. Weldon

ABSENT: Carolyn Cockrell, GB Member Liaison
Ethel Gardner
Toni L. Watson
Davetta Williams

STAFF: Toni Navarro, Executive Director
Rimmi Hundal, Director of MHSA and Ethnic Services
Angela Igrisan, Chief Clinical Officer (retiring)
Elizabeth Renteria, Chief Clinical Officer (newly appointed)
Gamaliel Polanco, Wellness Center Manager
Martina Ford, Substance Abuse Counselor
Isela Moreno, MHSA Program Supervisor, Community Navigator
Mica Olmos, JPA Administrator/Clerk

REGULAR BUSINESS

I. APPROVAL OF MINUTES OF MINUTES FROM THE JANUARY 12, 2021 MENTAL HEALTH COMMISSION REGULAR MEETING

There being no comment, Commissioner Reyes, and Vice-Chair Ryback seconded, to approve the Minutes of the January 12, 2021 Regular Mental Health Commission Meeting. The motion was carried by the following vote: AYES: Commissioners Reyes, Ryback, Stephens, Villanueva, and Weldon; and Vice-Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Board Member Liaison Cockrell; and Commissioners Gardner, Watson and Williams.

AGENDA ITEM NO. I

II. PRESENTATION

A. “RECOVERY MOMENTS” STORY

Wellness Center Manager Polanco provided a brief life story of recovery of Oscar Calderon.

Oscar Calderon stated that Tri-City had saved his life; he then shared his story of recovery from his addiction to drugs for 15 years and his experience with severe mental illness; he noted that he participated in all the resources he could take part of at Tri-City, which helped him heal his mind and even also expunge his record; that now he has a job and was able to get his life together; and that he is now a productive member of society because of Tri-City.

Executive Director Navarro expressed gladness for current situation and also thanked him for sharing his success story in the Commission meeting.

Discussion ensued between the Commission and Mr. Calderon regarding a period when he was homeless, and the Commissioners gave Mr. Calderon praises for his recovery.

Chris also shared his road to recovery from substance abuse and mental health disorder with the help of Tri-City; noting that he has been sober for over one year now and his sponsors from Tri-City had been very supportive and had been with him through his addiction and the journey to recovery; and expressed gratitude for Tri-City.

Executive Director Navarro congratulated him for his success; and pointed out that his story about staying sober through the pandemic is very inspiring and uplifting because we are learning about so many people who are struggling during the pandemic.

Discussion ensued regarding the coping mechanisms and strategies used by Chris to stay sober during the pandemic.

Substance Abuse Counselor Martina Ford introduced herself; provided an overview of her duties stating that Tri-City has a substance abuse co-occurring disorder program in the Adult Outpatient Program (AOP), which is an adjunct program to mental health; explained that if a therapist has a client who feels that they might benefit from their services, they provide a referral; and, in turn a substance abuse counselor reach out to the client and start services tailored to the client, ranging from individual counseling to assisting them to get into residential treatment, noting that the counselor stays connected with the facility in order to ensure continuity of care once they get out of treatment and continue to set them on a road to success.

Executive Director Navarro explained that Tri-City is the Mental Health Authority, and when folks come to Tri-City with mental health issues, this will be their primary diagnosis; and indicated that nearly half of Tri-City clients coming to adult services also have a substance abuse issue which is a co-occurring disorder, and Tri-City’s Adult Outpatient Program (AOP) works with them, noting that it is not only impacting their ability to maintain a stability of their mental health issue, but could also be putting them at risk for other chronic health issues which would reduce their quality of life.

Commissioner Villanueva inquired if staff was using motivational interviewing when working with clients. Substance Abuse Counselor Ford replied that they use the harm reduction approach and pointed out that the client determines which or what goals they want to accomplish first, and staff will meet them where they are at, and support and encourage them to meet those goals.

Executive Director Navarro added that motivational interviewing is the preeminent best practice for substance use disorder treatment and mental health disorder treatment; that for the past seven years motivational interviewing is the primary training that all staff get upon hire at Tri-City during their probationary period, regardless of whether or not they have had it before; that motivational interviewing underlies the harm reduction model, their philosophy of their approach of the recovery model of meeting the client where they're at, because it can help a client move from that pre-contemplation phase of change through to being ready for change.

B. COVID-19 VACCINE INFORMATION AND PREPARATION FOR TRI-CITY CLIENTS, COMMUNITY AND STAFF

Executive Director Navarro reported that back in December, Tri-City was invited by the Pomona Economic Opportunity Coalition, and ICON-Inland Communities Organizing Network- a network of interfaith leaders in Pomona, to join them in a collaborative application effort to receive funds from the Los Angeles County to provide training to our community to stop the spread of COVID; and stated that Tri-City had been awarded funding for the project; and that Community Navigator Supervisor Isela Moreno and Wellness Center Manager Gamaliel Polanco, are the leads this project.

Community Navigator Supervisor Moreno reported that the navigators were trained on stop the spread and, since the community navigators focus on providing referrals to different resources and collaborate with many agencies, they had already been working with a lot of families and individuals that have been affected by COVID; that of those resources included financial, rental, or utilities assistance, noting that would come up often was the request for PPE (Personal Protection Equipment); that they conducted a PPE drive in the community and at Tri-City; discussed protocols staff need to follow with clients who have tested positive for COVID or that has come with contact with somebody infected by COVID, which includes providing them with information about the isolation centers that are available and educating them about how to stop the spread to the other family members.

Wellness Center Manager Polanco reported that his staff was in charge of the education portion of the project, and making sure that the participants at the wellness center had correct information; that Western University provided the information about COVID and how to stop the spread; that staff was trained, and when Tri-City received the grant, staff pivoted to outreach and distributing PPE, continue presentations focused on stopping the spread of COVID, and on the benefits of getting vaccinated; and discuss the process of PPE distribution and inventory.

Executive Director Navarro spoke about how it has been beneficial to the community the message 'stop the spread' which started with Western University, then ICON, and now Tri-City; spoke about how relevant this work is to the work that we do, noting that folks who are diagnosed with schizophrenia are, at the same rate as the most elderly population in the United States, the most likely to die from COVID once they contract it; as well as getting the message to the people we serve, their loved ones, and family members of those who are challenged by living with severe and persistent mental illness, that the vaccine can reduce the likelihood of people suffering the most serious illness moving forward.

Chair Henderson shared information regarding a COVID vaccination location. Thereafter discussion ensued regarding about sharing "stop the spread" message and getting it as far and wide as possible.

III. EXECUTIVE DIRECTOR REPORT

Executive Director Navarro announced that this is Chief Clinical Officer Angela Igrisan's last Commission meeting; she then thank her for her work and leadership for the last two years; and gave her praise and accolades, and wished her good luck and the best of everything.

Chief Clinical Officer Igrisan expressed gratitude to the Commission, Tri-City, and the people of the communities of Pomona, La Verne, and Claremont; stated that we have, and continue to live through history, noting that the work they do as Commissioners is the most noble and valuable work that can be done; and said that she will carry all of Tri-City in her heart as she goes on to the next journey of her life.

The Commission thanked Chief Clinical Officer Igrisan for her service to Tri-City, stating that she will be missed.

Liz Renteria, Newly hired Chief Clinical Officer, thanked Angela Igrisan for her service to the community and for her assistance in the transitioning of this role. She then spoke about her professional background and the reasons she looked for a job for an organization that she thinks speak to some of the things that she holds dear to her heart, such as doing top notch clinical work involving stakeholders at every level, having an eye toward equity and social justice which is Tri-City; and thanked everyone at Tri-City for making her feel so welcomed.

Executive Director Navarro then reported about black history month and discussed Tri-City's African-American Family Wellness Advisory Council webinar about African-American wellness and health.

COMMISSION ITEMS AND REPORTS

Commissioner Villanueva suggested that the Commission should set up an Ad Hoc Committee to discuss the Native American community mental health needs and challenges. He also discussed his ancestry and the Mexican-American population.

Director of MHSA and Ethics Services Hundal reported that, at the request of Commissioner Joan Reyes, she and Commissioner Reyes have been sharing literature with each other on what is happening in our community today and how it is impacting our Native American community; that with Commissioner Reyes help, she has been working on creating a Council for the Native American community.

Commissioner Villanueva expressed support of the Council for the Native American community and stated that he would like to join them in their efforts.

Executive Director Navarro stated that Tri-City's role is to reach out to the underrepresented communities who are disproportionately impacted to mental health access and overall health disparities, and to be inclusive with those communities, pointing out that this is an extension of the work that Tri-City does and is in line with its mission and values as a mental health agency. She then commented that she read an article that talks about the value and contribution of Native Americans and about how, compared to the rest of our country and every state tribal nations, they are excelling and exceeding in vaccine distribution and health and wellness of their communities.

PUBLIC COMMENT

Director of MHSA and Ethnic Services Hundal announced that a motivational interviewing training will take place tomorrow between three and four; that the next one will take place on February 24th, between three and four.

ADJOURNMENT

At 4:41 p.m., on consensus of the Mental Health Commission its Regular Meeting of February 9, 2021 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, March 9, 2021 at 3:30 p.m. via teleconference due to the COVID-19 pandemic.

Micaela P. Olmos, JPA Administrator/Clerk

DRAFT



**MINUTES
REGULAR MEETING OF THE MENTAL HEALTH COMMISSION**

MARCH 9, 2021 – 3:30 P.M.

The Mental Health Commission met in a Regular Meeting on Tuesday, March 9, 2021 at 3:32 p.m. via teleconference pursuant to California Governor Newsom Executive Order N-25-20 wherein he suspended certain provisions of the Brown Act to allow the continuation to hold meetings without gathering in a room in an effort to minimize the spread and mitigate the effects of COVID-19 (Corona Virus Disease of 2019).

CALL TO ORDER Chair Henderson called the meeting to order at 3:32 p.m.

ROLL CALL Roll call was taken by Executive Director Navarro.

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison
Joan M. Reyes
Twila L. Stephens
Toni L. Watson
David J. Weldon

ABSENT: Ethel Gardner
Alfonso "Al" Villanueva
Davetta Williams

STAFF: Toni Navarro, Executive Director
Rimmi Hundal, Director of MHSa and Ethnic Services
Elizabeth Renteria, Chief Clinical Officer
Mary Monzon, Housing Manager
Rosemary Perich, Housing Supervisor
Jessica Hicks, Clinical Wellness Advocate III
Elva Neyoy, Mental Health Rehabilitation Specialist I
Lisa Naranjo, MHSa Program Supervisor-PEI
Jamie Ritchey, Community Capacity Organizer

REGULAR BUSINESS

I. PRESENTATION

A. "RECOVERY MOMENTS" STORY

Clinical Wellness Advocate Hicks read a letter from a client's mother wherein she thanked Tri-City for the attention her son has received, noting that before her son was a client, they were in a difficult situation; however, they feel very supported with all the tools and services they have received; she also explained their immigration status and stated 90% of their case with

AGENDA ITEM NO. II

immigration is based on the attention that her son needs and is receiving from Tri-City; she pointed out that the lawyer who represents them, the judge and the prosecutor in charge of her son's case were impressed with all the support and attention that Tri-City and all their staff provides without them having to pay out of pocket; that they are hopeful that everything will go in favor of her son; and expressed gratitude for Tri-City.

Vice-Chair Ryback commented that this is an encouraging story where the services of Tri-City can have an impact on someone's immigration status, noting that Tri-City is able help in so many other ways.

Discussion ensued regarding similar situations where Tri-City has been able to help other clients with their immigration status because of the services they are receiving from Tri-City; about the support that the Tri-City team gives can really help people overcome a lot of trauma; and about there being more cases where people are demonstrating that mental health assistance can change the lives in a really positive way.

Executive Director Navarro commented that she loves the whole team approach at Tri-City, and thanked everyone for the great job they perform; and stated that amazing things can be achieved when collaborating and using the multidisciplinary approach.

Housing Manager Monzon discussed the success story of Caridad, a client who reached out to Tri-City's housing team about one year and one half ago, and that with the help of the VOA (Volunteers of America) and project RoomKey, she is now housed at Parkside Family Apartments.

Caridad shared her story about being homeless for quite some time; stated that she did not know where to turn to; and expressed being joyful and grateful to finally get into a house that Tri-City has provided for her and for getting a second chance at life and being responsible.

B. GREEN RIBBON WEEK DURING COVID-19 PANDEMIC

Director MHSA and Ethnic Services Hundal provided an overview of Green Ribbon Week, which is Tri-City's stigma reduction campaign, and that it helps get the community started and highlight mental health during the Mental Health Matters month that takes place in May.

Community Capacity Organizer Ritchey talked about virtual Green Ribbon Week; stated that all commissioners were going to receive a Green Ribbon background which is our virtual green ribbon that you would pin on yourself for the week, and encouraged everyone to use it; reported that this Tri-City's 7th Annual Green Ribbon Week which began in 2015 to start the conversation at reducing community stigma and combat stigma by NIMBY (Not In My Back Yard); explained that Tri-City has its own campaign in its own week because it gives Tri-City mental health control of the messaging as well as control of engaging with our own community, noting the importance to be able to link it to Tri-City values and to directly connect with our community through the campaign; stated that green is the national color of mental health awareness and symbolizes vigorous life of flourishing health; pointed out that the other piece of it, is that it gives people a place to join in the fight to end stigma and we have our Room4Everyone campaign, which is Tri-City's Mental Wellness Campaign, the umbrella that Green Ribbon Week is under and that emphasizes Tri-City's comprehensive system of care and the importance of social inclusion; she then provided data from the Mental Health America report of the state of mental health which points out the impact of COVID-19 pandemic has been enormous on people's mental health; and discussed the activities associated with Green Ribbon Week.

Executive Director Navarro added that staff picked Green Ribbon Week during the third week of March because it is St. Patrick's Day week and people would be more likely to wear a little green.

II. EXECUTIVE DIRECTOR REPORT

Executive Director Navarro provided a comprehensive update from human resources about Tri-City's COVID-19 operations, which was also presented to Tri-City's Governing Board, and that it indicates that Tri-City is complying with the California Department of Public Health (CDC) and OSHA guidelines, noting that it was prepared by HR manager Kitha Torregano; and expressed happiness to report that overall, Tri-City had a relatively low number of folks in our workforce impacted by COVID compared to some other County partners. She also talked about the link distributed to participate in Phase 2 in our project with Brand Purpose, LLC, who is helping us do a comprehensive community review, internal review and evaluation of our mission, vision, and values to rebrand Tri-City, noting that we already have a beautiful logo that we designed approximately eight years ago and which still is very modern and very relevant.

Discussion ensued about the survey questions; about the COVID vaccine being a medical choice, and not mandated; about the importance of people are feeling supported to make the choice that they want to make; and about the strategies in place to have staff back to the office and be safe.

COMMISSION ITEMS AND REPORTS

Vice-Chair Ryback discussed a couple of projects that she is working on, and stated that she was asked to participate in a work group, with a patient safety movement foundation to rework what they call an actionable patient safety solution which is collaborative care planning and mental health for mental health patients, but also inpatient regular medical care of patients. She then said that she was also asked to participate through HASC, Hospital Association of Southern California, in a community engagement process involving Measure J, which is a 10% set aside of County dollars for programs that seek to reduce homelessness, incarceration, and economic inequities, and she has joined the behavioral health, health, and diversion group.

Executive Director Navarro stated that Tri-City staff is available and ready to assist if there is anything that we can do to support that plan.

Commissioner Reyes inquired if there are some guidelines for police officers to follow-up with people who need assistance when the severely mentally ill can pull themselves together and appear rather normal during the moment when they arrive.

Executive Director Navarro stated that Tri-City recently was approved by its Governing Board and the Claremont City Council to partner with the Claremont Police Department (CPD) on a new program called PACT, Psychiatric Assessment Care Team, which calls for Tri-City to have two staff members stationed Monday through Friday at the CPD, and will drive along the CPD with calls that are potentially more emotional crisis or social service type, so that there is an immediate mental health response.

Discussion ensued how Tri-City is currently assisting the La Verne and Pomona Police Departments; and about 5150 law which is on the side of protecting the civil rights of individuals.

PUBLIC COMMENT

Director of MHS&A and Ethnic Services Hundal encouraged everyone to get the green ribbon message out through social medial.

ADJOURNMENT

At 4:26 p.m., on consensus of the Mental Health Commission its Regular Meeting of March 9, 2021 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, April 13, 2021 at 3:30 p.m. via teleconference due to the COVID-19 pandemic.

Antonette Navarro, Executive Director

DRAFT



III. PRESENTATION

A. "RECOVERY MOMENTS" STORY

Staff will introduce Tri-City clients from Clinical and MHSA programs, respectively, to talk about their journey of healing and recovery.

B. ANTI-RACISM TRAINING FOR ALL TRI-CITY STAFF AND STRATEGY TO EXPAND COLLABORATION WITH THE COMMUNITY

Presenters: Rimmi Hundal, Director of MHSA and Ethics Services
Chris Anzalone, Workforce Education and Training Supervisor
Jennifer Phang, MHSA Wellbeing Supervisor



**Tri-City Mental Health Authority
MONTHLY STAFF REPORT**

DATE: April 13, 2021
TO: Mental Health Commission of Tri-City Mental Health Authority
FROM: Toni Navarro, LMFT, Executive Director
SUBJECT: Executive Director's Monthly Report

TRI-CITY HAS A CHIEF INFORMATION OFFICER (CIO)

On April 5th, Ken Riomales, became the newest member of the Executive Team in the role of Chief Information Officer. Ken comes to Tri-City with extensive experience in Health Information Technology and issues of Interoperability (how IT systems communicate and allowing sharing and coordination of data in order to improve health outcomes for patients/clients). Prior to coming to Tri-City, Ken worked with various other county behavioral health departments in California in order to help them establish their IT systems for the many and various upcoming changes at the State and Federal level over the next few years.

Tri-City's hiring of a permanent CIO, and one with such extensive knowledge and particular experience in health IT systems, ensures that the Agency is positioned well to meet the upcoming expectations that will be required by the State beginning in Fiscal Year 2021-22. These include more efficient data collection, data management, and integrated care with other disciplines providing care for clients in treatment, more consistent use of performance outcome measures, and easier and more prompt access to health records by clients.

COVID-19 UPDATE

Fortunately, Tri-City has seen the weekly calls of staff being out sick and/or exposed to COVID-19 all but disappear. Despite having a healthy workforce, Tri-City, like many county mental/behavioral health agencies throughout the State, continues to be challenged by staff shortages and limited interest in open positions. Chief Clinical Officer Liz Renteria, and her clinical management team, are weekly brainstorming and planning ways to better manage care and caseloads in order to meet the steady demands for service coming through Tri-City each week.

As the State's anticipated re-opening date of June 15th approaches, the Executive Team is beginning to plan for Tri-City's "re-opening" as well. Much has been learned in this past year. Things once considered "not an option" have actually proven to be effective, have in many ways improved efficiency, and reportedly have improved staff morale by giving employees more flexibility in their work schedules.

Over the next few months, in consultation with its employees, its workplace legal consultants, its statewide county partners, and feedback from its clients and participants, Tri-City will establish new policies and protocols to bring the Agency's operations into alignment with public behavioral health best practices for a post-COVID-19 world.

CalAIM-CALIFORNIA ADVANCING INNOVATION IN MEDI-CAL

Just over 2 years ago, the California Department of Health Care Services (DHCS) began a strategic plan to innovate the delivery system of services for California's Medi-Cal population. They eventually landed on the name: California Advancing Innovation in Medi-Cal or CalAIM. This extensive proposal seeks to bring greater efficiency and collaboration across all systems that serve Medi-Cal recipients in order that the beneficiary's experience in accessing and utilizing all services they are entitled to is improved. The guiding principles of CalAIM are:

- Improve the member experience
- Deliver person-centered care that meets the behavioral, developmental, physical, long term services and supports, and oral health needs of all members
- Work to align funding, data reporting, quality and infrastructure to mobilize and incentivize towards common goals
- Build a data-driven population health management strategy to achieve full system alignment
- Identify and mitigate social determinants of health and reduce disparities and inequities
- Drive system transformation that focuses on values and outcomes
- Eliminate or reduce variation across counties and plans, while recognizing the importance of local innovation
- Support community activation and engagement
- Improve the plan and provider experience by reducing administrative burden when possible
- Reduce the per-capita cost over time through iterative system transformation

To achieve such principles, CalAIM has three primary goals:

- Identify and manage member risk and need through whole person care approaches and addressing Social Determinants of Health;
- Move Medi-Cal to a more consistent and seamless system by reducing complexity and increasing flexibility; and

- Improve quality outcomes, reduce health disparities, and drive delivery system transformation and innovation through value-based initiatives, modernization of systems and payment reform

One entire section of CalAIM is dedicated to the work of Tri-City and other county behavioral health agencies. The Behavioral Health Components are introduced here in a direct quote from the CalAIM Executive Summary:

CalAIM's behavioral health proposals would initiate a fundamental shift in how California organizes and administers specialty mental health and substance use disorder services. It aligns the financing of behavioral health with that of physical health, which provides financial flexibility to innovate, and enter into value-based payment arrangements that improve quality and access to care. Similarly, the reforms in CalAIM simplify administration of, and access to, integrated behavioral health care.

CalAIM originally scheduled to launch its first initiatives in 2021; that has now been moved to 2022. Currently, DHCS and the California Legislature are convening public hearings, holding assembly sub-committee meetings and bringing forth State bills to set the foundation for the changes to come. Here at Tri-City, the Executive Team has started to hold its own extra meetings to dive into CalAIM and begin the work to align its infrastructure, policies and practices, and operational goals with the achievement of the proposed CalAIM transformation.

Attached here is the link to the DHCS CalAIM website where Commissioners can read the Executive Summary or full CalAIM Proposal and stay abreast of updates and public convenings if interested:

<https://www.dhcs.ca.gov/provgovpart/Pages/CalAIM.aspx>