



**MINUTES
REGULAR MEETING OF THE
MENTAL HEALTH COMMISSION
JUNE 12, 2018 – 3:30 P.M.**

The Mental Health Commission met in a regular meeting on Tuesday, June 12, 2018 at 3:32 p.m. in the MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California.

CALL TO ORDER Chair Watson called the meeting to order at 3:32 p.m.

ROLL CALL A visual roll call was taken.

PRESENT: Toni L. Watson, Chair
Arny Bloom
Ethel Gardner
Jeanette Heitmann
Anne Henderson
Joan M. Reyes
Daniel Rodriguez
Twila L. Stephens
Wray Ryback
Alfonso "Al" Villanueva (arrived at 3:38 p.m.)
David J. Weldon
Davetta Williams (arrived at 3:35 p.m.)

ABSENT: Donald R. Perez, Vice-Chair
Cheryl Berezny
Rubio R. Gonzalez

STAFF: Toni Navarro, Executive Director
Rimmi Hundal, Director of MHSA and Ethnic Services
Dana Barford, MHSA Projects Manager
Gary Slaton, Adult Program Manager
Jose Montenegro, Wellbeing Supervisor, TAY & Older Adults
Mica Olmos, JPA Administrator/Clerk

I. ADMINISTER AN OATH OF OFFICE TO NEW MEMBERS OF THE MENTAL HEALTH COMMISSION ETHEL GARDNER, JEANETTE HEITMANN, JOAN M. REYES, DANIEL RODRIGUEZ, WRAY RYBACK, AND DAVID J. WELDON

At 3:35 pm, Commissioner Davetta Williams arrived at the meeting.

The Oath of Office was administered to newly members of the Mental Health Commission.

At 3:38 pm, Commissioner Al Villanueva arrived at the meeting.

II. APPROVAL OF MINUTES FROM THE MAY 16, 2018 GOVERNING BOARD AND MENTAL HEALTH COMMISSION JOINT MEETING AND MHSA ANNUAL PUBLIC HEARING

There being no comment, Commissioner Bloom moved, and Commissioner Henderson seconded, to approve the Minutes of the May 16, 2018 Joint Meeting with the Governing Board and Annual MHSA Public Hearing. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva and Williams; and Chair Watson. NOES: None. ABSTAIN: Commissioners Gardner, Heitmann, Reyes, Rodriguez, Ryback, and Weldon. ABSENT: Commissioners Berezny, Vice-Chair Perez, and Board Liaison Gonzalez.

III. PRESENTATION OF THE 2017 CALIFORNIA MENTAL HEALTH PLANNING COUNCIL DATA NOTEBOOK REPORT ON OLDER ADULT SERVICES BY TRI-CITY MENTAL HEALTH COMMISSIONERS ARMY BLOOM AND ANNE HENDERSON

Executive Director Navarro welcomed new Commission Members; explained that the California Mental Health Planning Council (CMHPC) annually organizes a report template that requests all county behavioral health departments to complete, pointing out that each year is a different topic; that this year the topic focuses on senior services; that the report is required to be submitted by the end of the year; spoke about the history of the purpose of the report, its origins and its recent restructure which made a template more user friendly; that Commissioners Bloom and Henderson volunteered to work with Tri-City staff to review data and complete this year's Data Notebook Report on Older Adult Services; that this report does not only look at the MHSA programs, it also looks at Tri-City's entire system of care including its adult outpatient and child outpatient services to find out where Tri-City is doing well, where is strong, where the needs of the community are being met, and where there might be gaps in services; and that this is the first year that Tri-City participates in completing this report.

Commissioner Bloom provided an overview of the Data Notebook 2017 and explained that its structure was prepared by the CMHPC in collaboration with the California Association of Local Behavioral Health Boards and Commission; that the Data Notebook for older adults is divided into four sections: 1) 'whole person care'; 2) discussions of demographics; 3) barriers to services; and 4) data and information for the continuum of care, wherein there were questions for the local behavioral departments to answer and which Tri-City did. He then reported that he and Commissioner Henderson met with Tri-City staff and worked through the questions and added them to the Data Notebook; that data provided for LA County included Tri-City's data and discussed Tri-City's population age 65 and older; explained the different definitions within the senior population; explained the goals that the Data Notebook structure and questions were designed for; discussed where and how the data was collected; talked about the goals for social support and community engagement for older adults' mental health which is to prevent profound isolation, depression, anxiety and to avoid re-triggering of trauma from one's earlier life; and mentioned current services provided by Tri-City for older adults.

Discussion ensued the reasons Tri-City was not allowed to apply for funding in order to participate in the Whole Person Care (WPC) Pilot program implemented by the CA Department of Health Care Services; about how the Innovations Integrated Care helped Tri-City establish partnerships with local federally qualified health centers and substance abuse providers which helped prepare for this Data Notebook; that SSI recipients will now be eligible for Supplemental Nutrition Assistance Program (SNAP) benefits which might result in an influx for request for Tri-City services.

Commissioner Bloom continued with the Notebook Data report presentation and discussed the demographics trends; challenges for access to services; and talked who are California older adults.

Commissioner Henderson referred to the barriers for older adults and noted that some are geographic isolation, poverty, limited English proficiency, transportation, lack of awareness for services, mobility issues for co-occurring physical conditions or disabilities.

Discussion ensued about Tri-City's available bilingual staff, and available translators/interpreters who are federally approved to provide language translating services and are also HIPAA compliant.

Commissioner Henderson continued with the Notebook Data report and talked about Section 4, behavioral health for older adults which discusses substance use treatment for older adults and its barriers and stigma; and discussed data in Los Angeles County and California for co-occurring disorders.

Discussion ensued regarding how detox services are offered to Tri-City clients.

Executive Director Navarro explained that Tri-City does not provide detox services because it provides services under general Medi-Cal and not under drug Medi-Cal; that it is very prohibitive because it will require to provide services beyond mental health services; however, that Tri-City will hire certified substance abuse counselors to better treat clients with these issues and discussed those agencies that Tri-City partners to provide substance abuse services.

Commissioner Henderson continued with the Notebook Data report presentation and discussed the various mental illnesses that older adults are dealing with such the correlations of health issues with mental illnesses.

Gary Slaton, Adult Program Manager, discussed senior services and outreach programs currently available at Tri-City and the strategies to expand those services.

Commissioner Williams reported that the Claremont Police Department is developing a 'contact program' for seniors that involves finding about their welfare, where they are located, and finding if they have any needs.

Commissioner Heitmann suggested contacting Meals-On-Wheels who might be a resource in identifying seniors who might need mental health services. Executive Director Navarro indicated staff will contact them to let them know Tri-City is available to them for referrals.

Discussion ensued about local police departments' services available for older adults.

Commissioner Henderson continued with the Data Notebook report presentation; referred to the community supports for mental health emergency and crisis services for older adults; and indicated the importance of knowing the difference between severe depression, early dementia, and medical delirium.

Executive Director Navarro stated that there is a major discussion across the state about dementia and how behavioral health providers will address this issue since dementia requires specialty care from a medical doctor and not necessarily by a psychiatrist.

Discussion ensued regarding Tri-City's peer mentor program.

Jose Montenegro, Wellbeing Supervisor, TAY & Older Adults, talked about Tri-City's outreach services to the senior population such field trips and events; discussed success stories such as the support group called "Summer of Hope"; and the invitation for him to participate in the Commission of Aging in the City of La Verne.

Executive Director Navarro stated that in the last four months the State Report on homelessness and the LA County report on homelessness have both identified seniors as the fastest growing homeless population in California; that seniors have become a priority for Tri-City for permanent supportive housing; that Tri-City owns property in Claremont and Tri-City staff is currently in discussions with City of Claremont staff about developing a senior multi-generation permanent supportive housing in that site.

Discussion ensued about Measure H and the role of Tri-City as mental health provider under this funding.

Executive Director Navarro thanked Commissioners Bloom and Henderson for their participation in the Data Notebook report and also the Commission for all their input and recommendations.

IV. EXECUTIVE DIRECTOR REPORT

Executive Director Navarro talked about a potential integrated care collaboration with the City of Pomona Housing Authority (PHA), pointing out that the Managed Care provider Anthem approached PHA to discuss collaborating on a grant that would bring 30 housing vouchers to the City; that the program will identify those plan members who are homeless or at high risk of homelessness to give them these vouchers and providing them with all the intensive services that they need including mental health, substance abuse, housing, and case management; that Tri-City has provided a 'letter of intent' to participate, pending Governing Board approval; and that she will provide updates as they become available. She then explained that No Place Like Home (NPLH) funding is derived from Mental Health Services Act (MHSA) funding; that it was challenged in court by consumers since it was a voter enacted fund (MHSA); therefore, the NPLH initiative will be placed on the November ballot by the California Governor; that Tri-City in order to access funding under NPLH, Governing Board contracted Sadlon and Associates to create a NPLH Stakeholder process that would then work with Tri-City staff to develop a Tri-City region-wide Strategic Homeless plan to address homelessness; that they will conduct focus groups; and that Sadlon will attend next month's Commission meeting to present the process to the Commission.

COMMISSION ITEMS AND REPORTS

There was no comment.

PUBLIC COMMENT

Director MHSA & Ethnic Services Hundal announced that a new stakeholder process will begin in September; that in the first meeting there will be a review of MHSA and how Tri-City created a system of care with MHSA funding; and encouraged all Commission Members to attend.

ADJOURNMENT

At 5:05 p.m., on consensus of the Mental Health Commission its Regular Meeting of June 12, 2018 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, July 10, 2018, in the MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California.



Micaela P. Olmos, JPA Administrator/Clerk