



**MINUTES
REGULAR MEETING OF THE
MENTAL HEALTH COMMISSION
NOVEMBER 13, 2018 – 3:30 P.M.**

The Mental Health Commission met in a Regular meeting on Tuesday, November 13, 2018 at 3:35 p.m. in MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California.

CALL TO ORDER Chair Watson called the meeting to order at 3:36 p.m.

ROLL CALL A visual roll call was taken.

PRESENT: Toni L. Watson, Chair
Cheryl Berezny
Arny Bloom
Ethel Gardner
Rubio R. Gonzalez
Anne Henderson
Joan M. Reyes
Wray Ryback
Alfonso "Al" Villanueva
David J. Weldon

ABSENT: Donald R. Perez, Vice-Chair
Jeanette Heitmann
Daniel Rodriguez
Twila L. Stephens
Davetta Williams

STAFF: Toni Navarro, Executive Director
Rimmi Hundal, Director of MHSA and Ethnic Services
Gamaliel Polanco, Wellness Center Manager
David Yim, Field Instructor
Mica Olmos, JPA Administrator/Clerk

I. APPROVAL OF MINUTES FROM THE OCTOBER 9, 2018 REGULAR MENTAL HEALTH COMMISSION MEETING

There being no comment, Commissioner Reyes moved, and Board Liaison Gonzalez seconded, to approve the MHC Minutes of the October 9, 2018 Regular Meeting. The motion was carried by the following vote: AYES: Commissioners Berezny, Bloom, Gardner, Gonzalez, Henderson, Reyes, Ryback, Villanueva; and Chair Watson. NOES: None. ABSTAIN: Commissioner Weldon. ABSENT: Commissioners Heitmann, Rodriguez, Stephens, and Williams; and Vice-Chair Perez.

II. PRESENTATION - TRI-CITY'S MASTER'S LEVEL STUDENT INTERN PROGRAM

Gamaliel Polanco, Wellness Center Manager, began his presentation by talking about the staff team that works with him managing the internship program which includes himself, five preceptors, and one field manager; indicated that he was not aware when the internship program began, however, he noted that it was already in place in 2009 when he became in charge of the program; discussed the history of the program, how it was and how it has evolved to today having up to eight interns from the following universities: USC, University of Phoenix, Cal Baptist, CSULB, CSUN, CSULA, APU, UCLA. He then discussed the Curriculum that has been developed to provide exposure to community mental health through learning Tri-City culture (trainings); Wellness Center support group environment (Recovery Model and Macro projects); school based, Outpatient Mental Health (SPMI-Serious and Persistent Mental Illness), job rotations (Officer of the Day Intakes), Documentation Training (Welligent, DWT), and having case assignments.

David Yim, Field Instructor explained in detail how the interns work on intervention and skill building, discussed the hours required under the internship program; talked about the various trainings and described its context.

Wellness Center Manager Polanco stated that Tri-City is fulfilling the vision of the Wellness Center -'*A community hub, a learning institution; a place where anyone from the community can access support and where the academics learn how to work with the SPMI population.*' He then stated that Tri-City stands out among field placements, noting that when interns leave Tri-City, they are ready for 2nd year and that they stand out at their 2nd year interviews. He also pointed out that Tri-City has trained countless social workers but, unfortunately, has only hired a couple; therefore, in the near future the focus will be capturing those interns so they stay with Tri-City and discussed a plan to expand the internship program to focus on 2nd year students; to collaborate with the recruitment efforts to streamline a possible pipeline to hire as Mental Health Rehabilitation Specialist (MHRS) pending certification from the Board of Behavioral Sciences (BBS); provide incentives to interns such as BBS enrollment; extend existing university contracts from 09/01-5/31 through 9/01-8/31; and create a competitive opportunity for post licensure experience.

Discussion ensued regarding staffing needs for this program; how to create competitive opportunities; and the roles of the clinicians under the internship program.

The Mental Health Commission thanked Wellness Center Manager Polanco and Field Instructor Yim for their presentation.

III. EXECUTIVE DIRECTOR REPORT

Executive Director Navarro reported that the NPLH meetings on homelessness are progressing and consultant is almost done with the small focus groups, pointing out that the last meeting will take place on November 28th at the Alexander Hughes Community Center in Claremont; indicated that the Homeless Strategic Plan will be presented for approval to the Governing Board at its meeting in January; that the NPLH proposition passed, therefore, Tri-City will be moving forward with Tri-City funding; announced that the Pomona Christmas Parade will take place on December 8th, and that the Tri-City annual Employee Recognition Luncheon will take place on December 13th at Taylor Hall, and encouraged the Commission to attend.

COMMISSION ITEMS AND REPORTS

Chair Watson announced that she received from the CALBHB/C summaries on New California Legislation and wanted to share those summaries with the rest of the Commission.

Executive Director Navarro provided the following updates on legislation passed on October 1st that are specific to mental health: AB-1968, about mental health and firearms; requires that a person who has been placed on 5150 hold, will never be allowed to own a firearm for the remainder of his or her life. AB2022, about Pupil mental health services and mandatory school notification; twice a year all public schools in California K-12 must provide extensive marketing to students and parents notifying where on their campus the pupil mental health resource access is located. SB1045, a new type of conservatorship just for persons identified as chronically homeless, having their health failing and unable to take care of themselves. SB1004, Mental Health Services Act Prevention and Early Intervention (PEI), over the next year the Mental Health Services Act Oversight and Accountability Commission (MHSAOC) will create guidelines for how to exactly spend PEI funds, noting that any changes will be adjusted next fiscal year 2021.

Director of MHSA and Ethnic Services Hundal stated that the MHSA state-wide committee has been discussing how it will affect the counties, and when more information is available, it will be communicated to the Commission.

Executive Director Navarro continued with the SB1152, hospital patient discharge process; that all homeless persons must be given a discharge plan and they must be discharged where they say they are residing.

Commissioner Ryback added that SB1152 also requires hospitals to provide a meal upon discharge, to provide weather appropriate clothing, offering vaccinations before they leave, and by July of next year requires having a policy where they are engaging with their partners in the community to address issues homelessness.

Discussion ensued regarding issues that homeless persons face when they are discharged from a hospital.

Commissioner Berezny stated that she had requested a couple of meetings ago an update regarding Tri-City's partnership with Pomona Valley Hospital and inquired if the next meeting was good time to get an update from the hospital.

Commissioner Ryback indicated that she would invite someone from the hospital to provide an update during the December 19th joint meeting with the Governing Board.

Executive Director Navarro provided an update on the Year-Round Homeless Shelter.

Commissioner Henderson announced that volunteers are needed to assemble beds at the homeless shelter the day after Thanksgiving.

PUBLIC COMMENT

Executive Director announced Tri-City's great smokeout campaign 'Bye Bye Butts' will take this week on Thursday and that there will be activities and handouts.

ADJOURNMENT

At 4:55 p.m., on consensus of the Mental Health Commission its Regular Meeting of November 13, 2018 was adjourned. The Mental Health Commission will meet next in a Regular Joint Meeting with the Governing Board to be held on Wednesday, December 19, 2018 at 4:45 p.m. in the MHSA Office, 2001 N. Garey Avenue in Pomona, California.



Micaela P. Olmos, JPA Administrator/Clerk