



# COMMUNITY MENTAL HEALTH TRAININGS

## Request Form

Tri-City Mental Health currently offers the following trauma-informed and evidence-based trainings for the communities of Pomona, Claremont and La Verne. If you are interested in hosting a free training for your organization or community members, please complete this form. All requests will be reviewed and responded to in a timely manner.

Please submit this form to [cmht@tricitymhs.org](mailto:cmht@tricitymhs.org) at least 4-6 weeks before your requested training date(s).

### Contact Information

**Organization/Community Name:**

**Contact Name:**  **Email:**

**Address:**  **Phone Number:**

**Preferred Training Date(s):**  **Preferred Training Time(s):**

**Training will be:**  In-person  Virtual

If virtual, what virtual platform(s) do you have access to?\*

*\*If you do not have access to a virtual platform, Tri-City can provide one.*

**Number of Participants:**

Are you willing to have other participants outside of your organization join this training?  Yes  No

### Type of Training

**Language preference for training:**  English  Spanish

**Type of training(s) requested** (Please select all that apply):

- Adverse Childhood Experiences (ACEs)
- Community Resiliency Model™ (CRM)
- Motivational Interviewing (MI)
- Mental Health First Aid (MHFA) - Adult
- Mental Health First Aid (MHFA) – Youth (Available in English Only)
- Suicide Prevention
- Everyday Mental Health & Wellness (Please select from the following topics):
  - Communication
  - Higher Education
  - Compassion Fatigue
  - Stress Management
  - Work Place
  - Youth/Family
- Other (If not listed, please provide details below on training topics you are interested in):

**Please identify any specific topics or information you would like to address in your training:**