



MINUTES

GOVERNING BOARD / MENTAL HEALTH COMMISSION JOINT MEETING

(4:45 P.M.)

AND

PUBLIC HEARING FOR MENTAL HEALTH SERVICES ACT (MHSA)

(6:00 P.M.)

MAY 16, 2018

The Governing Board and the Mental Health Commission met in a Joint Meeting on Wednesday, May 17, 2017 at 4:55 p.m. in the MHSA Office located at 2001 North Garey Avenue, Pomona, California; at 5:47 p.m. recessed, and reconvened at 6:27 p.m., to a Public Hearing for the Mental Health Services Act; at La Verne Community Center, 3680 'D' Street, La Verne, California.

CALL TO ORDER Chair Carder called the meeting to order at 4:55 p.m.

ROLL CALL A visual roll call was taken by JPA Administrator/Clerk Olmos.

GOVERNING BOARD

PRESENT: Robin Carder, City of La Verne, Chair
Carolyn Cockrell, City of La Verne, Board Member
Joseph M. Lyons, MA, Ph.D., City of Claremont, Board Member
Elizabeth Ontiveros-Cole, City of Pomona, Board Member (arrived at 5:03 p.m.)
Mona Sparks Johnson, City of Pomona, Board Member
Benita DeFrank, City of Pomona, Alternate Board Member

ABSENT: Ronald T. Vera, City of Claremont, Vice-Chair
Rubio R. Gonzalez, City of Pomona, Board Member

MENTAL HEALTH COMMISSION

PRESENT: Toni L. Watson, Chair
Donald R. Perez, Vice-Chair
Arny Bloom
Anne Henderson
Twila L. Stephens
Alfonso "Al" Villanueva
Davetta Williams

ABSENT: Cheryl Berezny

TCMHC STAFF

PRESENT: Toni Navarro, Executive Director
Darold Pieper, General Counsel
Diana Acosta, Chief Financial Officer
Rimmi Hundal, Director of MHSA and Ethnic Services
Natalie Majors-Stewart, Manager of Best Practices
Trevor Bogle, Controller
Jesse Duff, Special Projects Consultant
Gilbert Saldate, Housing & Community Outreach Manager
Mica Olmos, JPA Administrator/Clerk

PRESENTATION

1. CERTIFICATES OF RECOGNITION TO BE PRESENTED TO STUDENTS FROM CLAREMONT HIGH SCHOOL AND THE POMONA SCHOOL OF ARTS AND ENTERPRISE FOR THEIR AWARD-WINNING PUBLIC SERVICE ANNOUNCEMENTS SUBMITTED IN THE 2018 DIRECTING CHANGE PROGRAM & FILM CONTEST, A PROGRAM SUPPORTED BY CALMHSA

Executive Director Navarro welcomed students and faculty from the Claremont High School (CHS) and the Pomona School of Arts and Enterprise. She indicated that the counties statewide contribute MHSA funds to the California Mental Health Services Authority (CalMHSA) for stigma reduction, noting that one of the programs that it supports is 'Directing Change'. She then explained that the Directing Change Program offers young people the opportunity to participate by creating 1-minute PSA short films about suicide prevention and mental health that are used to support awareness, education and advocacy efforts on these topics. She reported that for the past five years the Claremont High School and the Pomona School of Arts and Enterprise have been very active in participating in this program; that Tri-City was proud to recognize the regional winners in the 2018 Directing Change Program & Film Contest; announced the First Place winner, under Suicide Prevention category, the film titled "There is Hope" written, directed, and produced by Claremont High School students Eli Kupetz, Abby Gransden, Colin Kirkpatrick, Joseph Matos and Isaac Andrade; and recognized CHS Principal Dr. Brett O'Conner and Video Production Teacher Sara Hills who were also in attendance. She then announced the Second Place winner under Mental Health Matters category "A Fighting Chance" written, directed, and produced by students from the Pomona School of Arts & Enterprise students Jupiter Peraza, Bahia Hussein, Logan Gilkey, Christie DiMarco & Lilly Pugno; and also recognized Ms. Mindy Pomper Johnson who was also in attendance. She then announced that that the film "I'm Fine" had been selected as an honorable mention, under suicide prevention category, written, directed and produced by Claremont High School students Johnny Hernandez, Dirk Morken, Andrew Patterson, Talina Shariatzadeh, and Gaiige Chyrchel. She then said that on Monday evening all these students will be recognized during the Directing Change film screening and ceremony on May 22nd in Los Angeles; that Tri-City is proud to have such innovative, involved, and active youth in the three cities who are doing wonderful things and are being recognized statewide; and congratulated all the students and their wonderful mentors and teachers.

At 5:03 p.m. Board Member Elizabeth Ontiveros-Cole arrived at the meeting; and Alternate Board Member Benita DeFrank stepped down the dais.

2. SADLON & ASSOCIATES, INC. WILL PRESENT AN OVERVIEW OF THE PLANNING PROCESS FOR TRI-CITY'S HOMELESSNESS STRATEGIC PLAN UNDER NPLH

Elizabeth Sadlon stated that she along with her colleagues Celia (C) Reed, Kori Kanayama, are the team who are guiding the public during the process of developing an integrated housing plan across the three cities for Tri-City; she then referred to a flow chart which depicts the timeline of the work that Sadlon and Associates will be doing through January 2019; she explained that building on the platform of 'Room4Everyone' and preparing for funding for No Place Like Home (NPLH), they are working together on developing an integrated plan that builds on the work that is happening in each of the three cities in creating a Homelessness Plan and existing efforts, activities, and data that is already in place to be able to bring alignment, support and commitment towards solutions to homelessness across the three cities. She then talked about work already done and activities to come which will result in increasing connections through the process within and among the three cities in order to address homelessness, noting that they are increasing awareness and education about the state of homelessness that already exist in the community, the possible solutions, and the work that is already happening, all aiming to create stability for Tri-City consumers and build support for the wide diversity of constituents to move forward with solutions, with the goal to present to the Governing Board for its approval an Integrated Homelessness Plan for Tri-City. She then distributed cards to conduct an exercise with the Governing Board asking them about three words that, when they imagine what is important in addressing homelessness in the three cities, really rise to the top for them in communicating what matters the most to them; noting that this exercise will reveal where there is shared commitment and the different perspectives of this very complex and important problem, and situations and opportunities for everyone to be able to work together so that stability in housing can be ensured for Tri-City consumers and communities; thereafter she collected the cards.

Board Member Lyons commented that this project presents a tremendous opportunity for a coordinating effort within the three cities to engage the existing community-based organizations that deal with one segment of the homeless issue and the possibility of leveraging funds by adding matching opportunities for existing organizations and those new organization that are thinking of getting engaged; and encouraged the Board to inform the local efforts soon about Measure H, noting that the timing is excellent for a combined effort.

Board Member Ontiveros-Cole reported that yesterday the City of Pomona had had the groundbreaking ceremony of the Homeless Shelter in Pomona, noting that Benita DeFrank had worked very hard to make this happen; that she is looking forward to having this facility; that it is expected to be open in July; and discussed all the efforts which brought the community together and that she hopes that other cities follow their model.

Director of MHSA & Ethnic Services Hundal stated that staff will be contacting the Board Members to schedule meetings with Elizabeth Sadlon and her team, to obtain their input and feedback on the strategic homeless plan.

Discussion ensued regarding how efforts will be coordinated with the three cities' staff in how to address homelessness in the three-cities, not just for Tri-City consumers, under the NPLH guidelines and requirements in order to obtain the 1.7 million funds available Tri-City which requires a county strategic homelessness plan.

MENTAL HEALTH COMMISSION MINUTES

3. APPROVAL OF MINUTES – MENTAL HEALTH COMMISSION MEETING OF FEBRUARY 13, 2018

There being no comment, Commissioner Villanueva moved, and Commissioner Henderson seconded, to approve the Mental Health Commission Meeting Minutes of its Regular Meeting of February 13, 2018. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, and Villanueva; Vice-Chair Perez; and Chair Watson. NOES: None. ABSTAIN: Commissioner Williams. ABSENT: Commissioner Berezny.

4. APPROVAL OF MINUTES – MENTAL HEALTH COMMISSION MEETING OF APRIL 10, 2018

There being no comment, Commissioner Henderson moved, and Commissioner Stephens seconded, to approve the Mental Health Commission Meeting Minutes of its Regular Meeting of April 10, 2018. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; and Vice-Chair Perez. NOES: None. ABSTAIN: Chair Watson. ABSENT: Commissioner Berezny.

GOVERNING BOARD MINUTES

5. APPROVAL OF MINUTES - GOVERNING BOARD MEETING OF FEBRUARY 21, 2018

There being no comment, Board Member Sparks Johnson moved, and Board Member Ontiveros-Cole seconded, to approve the Governing Board Minutes of its Regular Meeting of February 21, 2018. The motion was carried by the following vote: AYES: Board Members Lyons, Ontiveros-Cole, and Sparks Johnson; and Chair Carder. NOES: None. ABSTAIN: Board Member Cockrell. ABSENT: Board Member Gonzalez and Vice-Chair Vera.

6. APPROVAL OF SIX MENTAL HEALTH COMMISSION MEMBERSHIPS

Executive Director Navarro reported that the Governing Board Ad-Hoc Committee had interviewed and were recommending the membership of 6 applicants, noting that Tri-City's Mental Health Commission (MHC) must have a minimum of 10 memberships and is allowed a maximum of 15 memberships.

Board Member Sparks Johnson stated that there were six people interviewed and they all were wonderful, vested in the community, and that they all had a reason to be in the MHC.

Discussion ensued regarding current MHC memberships and three cities' representation.

There being no further comment, Board Member Lyons moved, and Board Member Cockrell seconded, to approve the Membership of Joan M. Reyes, Jeanette Heitmann, Daniel Rodriguez, David J. Weldon, Ethel Gardner, and Wray Ryback to the Mental Health Commission. The motion was carried by the following vote: AYES: Board Members Cockrell, Lyons, Ontiveros-Cole, and Sparks Johnson; and Chair Carder. NOES: None. ABSTAIN: None. ABSENT: Board Member Gonzalez and Vice-Chair Vera.

7. APPROVAL OF RESOLUTION NO. 448 AUTHORIZING THE EXECUTIVE DIRECTOR TO ENTER INTO AN AGREEMENT WITH THE POMONA UNIFIED SCHOOL DISTRICT TO PROVIDE MENTAL HEALTH SERVICES TO CERTAIN DISTRICT'S STUDENTS AND THEIR FAMILIES IDENTIFIED AND REFERRED BY THE DISTRICT

Executive Director Navarro reported that every three years the PUSD renews its contract with its partners that provide services to its students on site; explained the purpose of the MOU; mentioned that when Tri-City applied for the grant, Tri-City would not have been able to work with Claremont because there was not an MOU in place, noting that other counties could not even apply for the grant because they did not have formal MOUs in record; therefore, moving forward all services will be formalized with agreements and will be presented to the Governing Board for its approval.

Board Member Lyons inquired if Tri-City does not provide services on campus to Bonita Unified School District (BUSD) and Claremont Unified School District (CUSD). Executive Director Navarro indicated that Tri-City does have an MOU with the BUSD which ends next week, but it will be renewed and it will be presented for Board approval in August, noting that the BUSD along with the La Verne Youth and Family Action Committee does provide a summary investment in about \$23,000 annual to Tri-City in students interns and Tri-City provides services on campus; that Tri-City also provides services as needed on CUSD campuses as required by the student and family; however, there was not MOU in place; and that she had met with Board Member Vera and CUSD Superintendent, Assistant Superintendent, Head of Counseling, and Head of Special Ed, and had decided to put together an MOU during the summer.

There being no further comment, Board Member Lyons moved, and Board Member Sparks Johnson seconded, to adopt Resolution No. 448 authorizing the Executive Director to enter into an agreement for mental health services with the Pomona Unified School District. The motion was carried by the following vote: AYES: Board Members Cockrell, Lyons, Ontiveros-Cole, and Sparks Johnson; and Chair Carder. NOES: None. ABSTAIN: None. ABSENT: Board Member Gonzalez and Vice-Chair Vera.

MONTHLY STAFF REPORTS

8. TONI NAVARRO, EXECUTIVE DIRECTOR REPORT

Executive Director Navarro reported that as a result of Board Members' comment during last meeting regarding the MHSA Public Hearing process and wanting more time to review the Annual MHSA Plan, staff this year has changed the public hearing format wherein everything will remain the same and the only change will be that the Commission will vote on a recommendation to the Governing Board and the Governing Board will consider the approval of the MHSA Annual Update, Innovation Plan and Reversion Plan at its June meeting. She noted that the Plan will be distributed a week ahead of the meeting; encouraged the Governing Board to attend the Public Hearing since the Plan will be reviewed in detail; reported that the Governor's Budget Revise included a significant increase in mental health and the identification and support for those who has mental health needs in our state by authorizing \$50 million general fund allocation to the Department of Health Care Services which will be distributed to counties to improve and increase the counties' outreach to homeless persons who may be suffering with mental illness, get them into our systems of care sooner, and help them find housing.

She also said that CBHDA had been in contact with the State to ensure that Tri-City and Berkeley were also included in the allocation of these funds; and that at the next meeting she will report how these funds will be allocated after CBHDA distributes information to the counties how these funds will be distributed. She then talked about the ribbon cutting ceremony event for the Grand Opening of the Holt Family Apartments in Pomona, noting that the event was well-attended and Congresswoman Norma Torres (former Tri-City Governing Board Member) provided the audience with her personal experience with homelessness that underlie her strong support for Tri-City and commitment for permanent supportive housing; that Pomona's Mayor Tim Sandoval and Tri-City's Governing Board Member Elizabeth Ontiveros-Cole, also gave moving speeches that highlighted the City's commitment to ongoing partnering with Tri-City and other relevant organizations that seek to provide safe, affordable, and beautiful supportive and affordable housing to Pomona's residents.

Chair Carder commented about the architectural design, the lack of traffic noise inside the building, how moved she was regarding the stories that speakers shared about their personal experiences with homelessness, and noted that it was a wonderful event.

Board Member Ontiveros-Cole concurred with Chair Carder comments and complemented the aesthetics of the building, noting that the architectural design was so effective in eliminating the traffic noise in the building complex, noting that heavy traffic on Holt Avenue could not be heard.

Executive Director Navarro talked about Tri-City's property on Baseline Avenue in Claremont, stating that this project was not approved because the Los Angeles County had a rule, based on Air Quality Management Division (AQMD) recommendation, that low-income housing could not be built within 500 feet of a freeway; however, recently this rule had been reversed by AQMD because of the improvements made in architectural designs. Therefore, this provides some hope that Tri-City can develop a project in the future in the City of Claremont.

Board Member Lyons added that he has had conversations with LA County Board Supervisor Hilda Solis regarding this obstacle and with this decision hopefully there will not a basis to continue with a restriction for building affordable housing.

Commissioner Villanueva commented on what he remembered the reason this rule was put in place.

9. DIANA ACOSTA, CHIEF FINANCIAL OFFICER REPORT

Chief Financial Officer Acosta provided an update on her report, pointing out that Page 3 the table includes answers to questions that the Board had regarding a reserve which was approved by the Board to set aside for future projects, including the TCG therapeutic garden and she had left it out, pointing out that no projects have yet been approved, only the designation of dollars. She then reported that budget season begins tomorrow and will be presented to the Governing Board for approval in June; that the proposed Budget is distributed a week before its approval; that she wanted to hear from the Board to consider in the future if they wished to have a budget workshop; and that the external auditors will be on site at the end of June.

Board Member Lyons inquired if Tri-City will ultimately protect the funding that is subject to reversion.

Chief Financial Officer Acosta replied in the affirmative noting that the goal is to implement strategies, with the Board's approval, to allow Tri-City to be successful and they will be presented during the MSHA Public Hearing.

10. NANCY GILL, CHIEF OPERATIONS OFFICER REPORT

Discussion ensued about current vacancies; about the universities that provide education on mental health; and about and current recruitment strategies.

11. ELIZABETH OWENS, DIRECTOR OF CLINICAL PROGRAM SERVICES REPORT

There was no comment.

12. SEEYAM TEIMOORI, MEDICAL DIRECTOR REPORT

There was no comment.

13. RIMMI HUNDAL, DIRECTOR OF MHSA AND ETHNIC SERVICES REPORT

There was no comment.

14. NATALIE MAJORS, MANAGER OF BEST PRACTICES REPORT

Manager of Best Practices Majors stated that included in her report is the third quarter data (1/1/18 - 3/31/18) for clients served; that the numbers are consistent the second quarter data; and that this data will be presented every quarter and it will be expanded overtime.

Executive Director Navarro added that staff will be conducting increased marketing of Tri-City's services with our School districts, noting that 38% of Claremont students and 37% of La Verne students are enrolled in the free-lunch program.

There being no further comments, Board Member Lyons moved, and Board Member Sparks Johnson seconded, to receive and file the month of May staff reports. The motion was carried by the following vote: AYES: Board Members Cockrell, Lyons, Ontiveros-Cole, and Sparks Johnson; and Chair Carder. NOES: None. ABSTAIN: None. ABSENT: Board Member Gonzalez and Vice-Chair Vera.

GOVERNING BOARD / MENTAL HEALTH COMMISSION COMMENTS

Board Member Lyons expressed excitement about the Measure H budget which was presented yesterday to the Board of Supervisors with some requests by the San Gabriel Valley Council of Governments (SGVCOG) to make sure that cities are sufficiently funded to support local organizations that cities use for referral, and that a request was added for a report from the CEO for the Homelessness Initiative Accounting for the elderly population.

Executive Director Navarro reported that Commissioners Bloom and Henderson helped Tri-City staff and participated in the data notebook, a statewide project that occurs annually within counties in their behavioral health programs pointing out that this year the focus was on senior services.

She also said that the Commissioners will present to the Governing Board at a future meeting the data notebook which highlighted what Tri-City is doing, including areas for improvement in terms of outreach and services to the senior population in the three cities.

Commissioner Stephens inquired about the definition of senior under MHSA. Executive Director Navarro answered that to participate in senior programming under MHSA funding, a senior must be 59-1/2 years old or older.

PUBLIC COMMENT

There was no comment.

GOVERNING BOARD AND MENTAL HEALTH COMMISSION RECESS TO A PUBLIC HEARING BEING HELD AT ANOTHER VENUE

At 5:47 p.m., the Governing Board and Mental Health Commission recessed to a Public Hearing for the Mental Health Services Act (MHSA) Annual Update Fiscal Year 2018-19; Innovation Plan for FY 2018-19 through FY 2021-22; and Program Expenditure Plan for Fiscal Year 2018-19 through FY 2021-22 scheduled to be held at 6:00 p.m. at the La Verne Community Center, 3680 'D' Street in La Verne, California.

RECONVENE TO A PUBLIC HEARING

At 6:27 p.m., Commission Chair Watson called the meeting to order, welcomed all attendees, and explained that Mental Health Commission and the Governing Board were reconvening from a Joint Meeting to a Public Hearing for the Mental Health Services Act (MHSA) Annual Update Fiscal Year 2018-19; Innovation Plan for FY 2018-19 through FY 2021-22; and Program Expenditure Plan for Fiscal Year 2018-19 through FY 2021-22, and asked JPA Administrator/Clerk Olmos to conduct a visual roll call. A visual roll call was taken by JPA Administrator/Clerk Olmos.

MENTAL HEALTH COMMISSION

PRESENT: Toni L. Watson, Chair
Donald R. Perez, Vice-Chair
Arny Bloom
Anne Henderson
Twila L. Stephens
Alfonso "Al" Villanueva
Davetta Williams

ABSENT: Cheryl Berezny

GOVERNING BOARD

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Rubio R. Gonzalez, City of Pomona, Board Member

Elizabeth Ontiveros-Cole, City of Pomona, Board Member
Mona Sparks Johnson, City of Pomona, Board Member
Benita DeFrank, City of Pomona, Alternate Board Member

ABSENT: Carolyn Cockrell, City of La Verne, Board Member

Commission Chair Watson, on behalf of the Mental Health Commission, thanked everyone for their attendance to the public hearing and introduced Dana Barford, Tri-City's MSHA Projects Manager, stating that she will facilitate the public hearing and noted that Mrs. Barford and staff had been consulting with the Mental Health Commission in updating the MHSA Plans.

MHSA Projects Coordinator Barford announced that Tri-City Executive Director Navarro would provide a Tri-City update and explained the focus for the public hearing stating that there would be three presentations: 1) for MHSA Annual Update FY 2018-19; 2) New Innovation Project; and 3) MHSA Spending Plan.

OPEN THE PUBLIC HEARING

At 6:30 p.m., Commission Chair Watson announced that the Mental Health Commission is an advisory body to Tri-City's Governing Board, and meets monthly to advise the Governing Board, Executive Director, staff and stakeholders of Tri-City Mental Health Center about how to insure high quality mental health services in the three cities; stated that the MHSA update and plans had emerged from almost a year of extensive work and conversations with individuals and organizations throughout the three cities; that this evening detailed information will be presented about the plans; that the public's feedback was necessary; and she then declared the Public Hearing officially open.

A. WELCOME AND TRI-CITY UPDATE

Executive Director Toni Navarro welcomed and thanked everyone for their attendance, stating that she is looking forward to receiving feedback on all the plans presented. She when reported that last month Tri-City, in partnership with Clifford Beers Housing Developer, celebrated the Grand Opening of its third permanent supportive housing development, the Holt Family Apartments in the City of Pomona, consisting of 50 units of which 25 units were funded under Tri-City's Mental Health Services Act (MHSA) for permanent supportive housing, and that the other units were affordable low-income housing for residents in the Pomona area. She then announced there will be a new housing plan that will be presented by Tri-City, possible by new legislation called No Place Like Home (NPLH), noting that to access funding under NPLH Tri-City must develop a Tri-City wide Strategic Homelessness Plan; explained the process for developing the plan; announced that Tri-City will be asking stakeholders to participate and share their ideas on how to combat and address homelessness in the three cities, as well as to develop ways and provide early intervention to prevent homelessness; and encouraged everyone to become involved.

MHSA Projects Coordinator Barford described Proposition 63 the Mental Health Services Act, also known as the millionaire's tax which was approved by California voters on November 2004 that created a 1% tax on personal income over \$1 million dollars which allows expanding community mental health services.

She then explained how funding is distributed to the counties, how MHSA plans are approved, the five plans currently implemented at Tri-City, and talked about the Budget, noting that Tri-City operates on a fiscal year beginning on July 1st ending on June 30th, and provided a snapshot of where Tri-City is currently at and explained its Cash Flow Year-to-Date during current Fiscal Year 2017-18, including the Cash on Hand on July 1, 2017, MHSA Funds collected through March 2018, Medi-Cal and other Revenues, MHSA funding expended through March 2018, and currently Cash on Hand as of March 2018 for next Fiscal Year 2018-19, which includes Prudent Reserves, estimated funding for remaining Operations during Fiscal Year 2017-18, estimated funding planned for Fiscal Year 2018-19 Update, reserved funding for future CFTN projects including TCG, and allocated funds for future housing projects, noting that the current funding also includes funding subject to reversion, meaning that it can be taken by the State if not spent.

A member of the public inquired about the funding reserved for future housing projects. Chief Financial Officer Acosta indicated that is funding approved to set aside by Tri-City's Governing Board for future permanent supportive housing in the Tri-City area, noting that is has not yet been decided what the housing project will be.

B. EXPLANATION OF THE CONTEXT OF MHSA ANNUAL UPDATE FY 2018-19

MHSA Projects Coordinator Barford talked about Tri-City's stakeholder process and announced that she will talk about the MHSA Annual Update for Fiscal Year 2018-19 and discuss the proposed programming: Substance Abuse Counselors for Full Service Partnership (FSP); Expanded Housing Assistance; Early Psychosis Project Development; and additional Funds for WET Programs. She then described the Full Service Partnership Program under the Community Services and Supports (CSS) Plan, indicating that there was a recommendation to add 1 Supervisor and up to 3 Certified Substance Abuse Counselors, with an estimated cost of \$240,000 up to \$308,000, to the FSP Program as a result of having 46% of open cases having co-occurring diagnosis, noting that as of October 2017 there has been a significant increase in individuals seeking mental health services due to the expansion of Medi-Cal services under the Affordable Care Act and the focus on stigma reduction, which has resulted in an increase of also having more clients having co-occurring disorders, or risk of developing a Substance Abuse Disorder. She then explained the proposed Expanded Housing Assistance which designates \$75,000 in unspent CSS funds for consumers participating in MHSA programs outside of FSP who still need housing assistance, pointing out that Assembly Bill 727 clarified for counties that CSS funding can also be used for housing assistance for those participating in any MHSA programming, noting that it gives consumer the opportunity to continue in their recovery without having to be enrolled in FSP. She then reported that based on research, 75% of mental illnesses start before the age of 24; that the State of California has a statewide focus on early psychosis; that it is known that early intervention can significantly impact recovery; that recent legislation proposed will make early psychosis programs mandatory; therefore, there is a proposal for an Early Psychosis Project which will cost \$240,000 funded under Prevention and Early Intervention (PEI) Plan to hire a MA/PhD therapist to research and develop a robust two-year plan to create this program; that AB 1315 allows for the possibility of matching funds for any county has an early psychosis program; and that \$235,009 of PEI funds are subject to reversion under AB 114 if not expended by June 2020; hence, if this Plan is approved, this money will not go back to the State.

A member of the public referred to the early psychosis effort and inquired what kind of relationship will be established to involve the school districts. Executive Director Navarro indicated that the project is currently under approval process; that Tri-City's Intake and Assessment Team is currently working with the Children's Department Manager of the Pomona Unified School District; and that if this program is approved, these services will be expanded to all the high schools in the three districts to identify those students with early signs of psychosis or first episodes of psychosis.

MHSA Projects Coordinator Barford continued with her presentation and reported that based on the projected costs and revenues for FY 2018-19, staff's recommendation is to transfer the amount of \$400,000 from the CSS plan to the WET plan; that these additional funds are projected to sustain staff salary and benefits as well as on-going trainings and volunteer efforts over a two-year period; explained how these funds will be used within the WET Plan; stated that these programming is so critical because as mental health programming continues to grow, the participation in mental health professionals is diminishing; and that this funding is critical to sustain community mental health.

➤ **SMALL TABLE DISCUSSIONS AND QUESTIONS**

MHSA Projects Manager Barford then referred to the documents available on all the tables, pointing out that there was also a Feedback form and asked the public to consider what they have heard and share their questions, concerns, strengths of the plans, or any additional comments that they would like to share.

A member of the public referred to the matching funds for Early Psychosis Project, and inquired in which fiscal year they will be distributed. MHSA Projects Manager Barford indicated that these matching funds are not derived from MHSA funds, rather from a different funding source, and explained that Tri-City can only apply for these matching funds if the Early Psychosis Project is approved, stating that at this time staff is not aware what the criteria will be only that these funds are available.

Another member of the public inquired if the proposed Substance Abuse Counselor will be for inpatient or outpatient services. Executive Director Navarro indicated that all Tri-City mental health services are outpatient services only, that that is our charge as the Mental Health Authority.

Another member of the public referred to the Early Psychosis Project, stating that earlier it was indicated that it was going to be brought to high schools and inquired if this was going to be early enough. Staff responded that this project focuses on persons between the ages of 16-25; that there are currently a variety of programs that focuses on individuals ranging from 12-40 years old; that this project is in the preliminary stages of research development; and that this will certainly be something to consider.

Another member of the public inquired how much funding would be allocated under the WET Plan towards providing youth with employment experience or internships to the clients versus the professionals. WET Coordinator Carter stated that staff will look at these options as the funding is allocated.

➤ PUBLIC COMMENT

A member of the public stated that the Substance Abuse Counselor project budget will be a very good service and commended staff for pursuing this project.

C. EXPLANATION OF THE CONTEXT OF INNOVATION PLAN FOR FY 2018-19 THROUGH FY 2021-22

Innovations Coordinator Mark Bellegia explained that an Innovation Project is about testing new theories and new things, it must not be tried before, it has to be measurable, and it has to be about mental health. He indicated that all projects begin with stakeholder input; thus, staff have received feedback from primary target populations that include Transitional Aged Youth (TAY), teens and college-aged students (ages 18-25) who have stigma about seeking services, older adults (ages 60+) who are often isolated and lack of transportation, and non-English speaking clients and community members who might not be aware of mental health services that are available to them; discussed local and State Population Statistics of youth, older adults, and non-English speaking persons, noting that the combined student population of the four major universities in the Tri-City area, Cal Poly Pomona, Western University, Claremont Colleges, University of La Verne, was over 45,000 students. Therefore, based on this numbers the question was asked to how to connect with our youth and older adults that are already using technology; that research showed that cell phone ownership for 18-25 is over 95%, for Spanish speaking population and older population is closer to 80%, therefore the cell phone will be a way to connect with these groups. He indicated that when staff was conducting research, it was discovered that the Los Angeles County had recently launched a technology project that involved a whole suite of technology solutions that are currently exploring and they were inviting other counties to partner to form a collaboration and stated that Kern County was the first to join the collaboration and just recently Orange County had also joined the collaboration. Therefore, Tri-City will benefit by collaborating with other counties. He then discussed some of the technology solutions that are being proposed noting that nothing has been chosen as this project is under the proposal stages and talked about one technology solution the Virtual Peer chatting with trained peers, volunteers and community members, that will provide virtual support communities for populations including those experiencing mental health challenges and family members of those with mental illness noting that it can be customized for our communities and discussed its benefits. He then explained the second technology solution Mindstrong, which looks to utilize artificial intelligence to create a baseline and to gather information to help identify changes in behavior, since the average person touches their cell phone over 2,000 times a day, the cell phone will perform passive data collection and it will be an early intervention tool that will detect and collect changes in behavior, not personal information, which will be sent to the clinicians and allow them to be more proactive.

➤ SMALL TABLE DISCUSSIONS AND QUESTIONS

A member of the public stated that it was a great presentation and inquired how this project will benefit those teens and youth in foster care. Innovations Coordinator Bellegia indicated that Tri-City had a relationship with David & Margaret and Tri-City wants to engage the foster youth at these organizations, noting that focus groups have been conducted with them and are looking to engage them and leverage their expertise since they want to become advocates. He then discussed the Avatar application which can allow practicing reflective listening, and artificial intelligence looks for words patterns and communicates with the user.

He indicated that if the project is approved, staff will evaluate which applications will be more appropriate for Tri-City.

A member of the public inquired if this will be an app, a website or both. Innovations Coordinator Bellegia indicated that it will be both which will be an app that can be downloaded and will be available in the computer as well.

Another member of the public inquired about employment opportunities for consumers. Staff indicated that they would connect him to the Wellness Center staff to assist him.

Another member of the public stated that she is thankful for the Wellness Center staff, noting that the facilitators have made great progress in the anger management group. She then inquired how will the app will be able to tell if she is depressed since she does not text a lot, what if she is smiling and appears to be okay. Innovations Coordinator Bellegia explained that the peer chat are not clinicians who will diagnose, rather they are peers that will provide support. The public member stated that she does not like to text and she is not open to face time. Innovations Coordinator Bellegia indicated that this might not be suitable for her; however, this will not replace current services at Tri-City; rather it will be another service option.

Another member of the public spoke in support of the innovation project, that it is a great project and that those that do not how to do it, they will learn how to do it.

Another member of the public stated that it is a great opportunity of exploring new ways of engagement, and as a supplemental tool, and it will appropriate for those that feel conformable using technology and inquired about how information will be safeguarded. Innovations Coordinator Bellegia explained that Tri-City will adopt best practices in place by the Los Angeles County, noting that safety is paramount. Director of MSHA & Ethnic Services Hundal added these apps are HIPAA compliant and all peer listeners will be provided the same training that Tri-City employees receive, noting that Tri-City will follow protocols that other counties have implemented.

Another member asked if Mindstrong will monitor qualitative data, such as when the word suicide is typed. Innovations Coordinator Bellegia explained that it will, noting that Goggle currently does using biomarkers. MHSA Projects Manager Barford added that this Innovation project is being considered conceptually and if this is something that will be pursued, noting that this this level of detail has not been fully explored.

Another member of the public commented that he likes the apps being proposed and inquired if there will be an app that will provide progress made. Innovations Coordinator Bellegia stated at this point staff was not aware; however, this will be asked to the vendor.

MHSA Projects Manager Barford then explained the innovation project budget, stating that at the beginning it was being considered for four years; however, after a formula was developed by the counties participating in the collaboration, it was determined that three years will be best for Tri-City; and that the budget will be \$1.6 million, noting that Innovation funding can only be used for innovations projects and PEI funding can only be used for PEI projects.

➤ PUBLIC COMMENT

Jed Leano, Community and Human Services Commissioner of the City of Claremont, thanked the Board and the Commission for pursuing this project, and also thanked Tri-City staff for putting together a substantial presentation on this project; stated how important this is to provide mental health services to seniors; noting that in Clermont, approximately 28% of the population is over the age of 55 and it is projected that by the year 2020 that number can be 44%; that right now they have options for its senior population such as Dial-A-Ride and Get About for transportation, pointing out that these services are already stressed; that to be able to offer this innovation services for those that are interested in using technology is a huge incentive for those to seek out those app such as Mindstrong or Peer Chat; and that he hoped this Innovation plan is approved.

MHSA Projects Manager Barford announced that during the 30-day posting two comments were received:

- 1) As a person who has a family member who suffers from a mental illness, knows that the most important factor to the mental wellbeing is housing, that \$1.6 million can help many of our family members feel that they are important and that they have control of their daily living; that housing provides daily structure and responsibility for the client which gives them a sense of worth that no application can provide, technology has its place, it is important but there are free apps available and use this \$1.6 million for housing.
- 2) Strongly disagree with this proposal, \$1.6 million is too much money for innovation, currently we need housing for those that suffer with a mental illness; the bulk of this money should go towards housing. There is a program called priced out and it speaks to people that cannot afford housing and are forced to live on the streets because they cannot afford the high rents. Housing should be our priority, technology is secondary. People that suffer from mental illness can become more isolated when given a tool that will keep them away from the human touch. This is innovative so there are no stats to compare to this project. This can cause triggers in someone that suffers from mental illness and/or inappropriate behaviors. I agree with the Peer to Peer and the apps with this innovation and any program that can prevent someone from completing suicide, I highly recommend. Then discussed free apps.

D. EXPLANATION OF THE CONTEXT OF THE PROGRAM EXPENDITURE PLAN FOR FISCAL YEAR 2018-19 THROUGH FY 2021-22

Director of MHSA and Ethnic Services Rimmi Hundal provided a summary of Assembly Bill 114 and indicated that it became effective on July 10, 2017 and required that the funding related to Fiscal Years 2005-06 to 2014-15 that have not been spent by July 1, 2017 are subject to reversion; that Tri-City did not start its MHSA process until 2008; that Counties must develop a plan to spend the reverted funds and post no later than July 1, 2018 with Governing Board approval within 90 days; that in February 2018 the Department of Health Services identified Tri-City having \$799,187 for INN and \$235,009 for PEI at-risk for reversion; that a spending plan has been prepared and was posted on April 12, 2018; and that funds must be spent within three years from the date of the Oversight and Accountability Commission (OAC) approval; and that there is no other funding subject to reversion at Tri-City.

➤ SMALL TABLE DISCUSSIONS AND QUESTIONS

There were no questions.

➤ PUBLIC COMMENT

There was no public comment.

CLOSE THE PUBLIC HEARING

At 8:13 p.m., there being no further public comment, Commissioner Stephens moved, and Vice-Chair Perez seconded, to close the Public Hearing. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; Vice-Chair Perez; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Berezny.

15. MENTAL HEALTH COMMISSION – DECIDE ON A RECOMMENDATION TO THE GOVERNING BOARD ABOUT THE MHSA ANNUAL UPDATE FOR FISCAL YEAR 2018-19

There being no discussion, Commissioner Henderson moved, and Commissioner Williams seconded, to recommend to the Governing Board to approve the MHSA Annual Update for Fiscal Year 2018-19. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; Vice-Chair Perez; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioners Berezny.

16. MENTAL HEALTH COMMISSION – DECIDE ON A RECOMMENDATION TO THE GOVERNING BOARD ABOUT THE INNOVATION PLAN FOR FISCAL YEAR 2018-19

There being no discussion, Commissioner Henderson moved, and Commissioner Williams seconded, to recommend to the Governing Board to approve the Innovation Plan for FY 2018-19 through FY 2020-21. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; and Chair Watson. NOES: Vice-Chair Perez. ABSTAIN: None. ABSENT: Commissioners Berezny.

17. MENTAL HEALTH COMMISSION – DECIDE ON A RECOMMENDATION TO THE GOVERNING BOARD ABOUT THE PROGRAM EXPENDITURE PLAN FOR FISCAL YEAR 2018-19

There being no discussion, Commissioner Williams moved, and Commissioner Villanueva seconded, to recommend to the Governing Board to approve the Program Expenditure Plan for FY 2018-19 through FY 2019-20. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; and Chair Watson. NOES: Vice-Chair Perez. ABSTAIN: None. ABSENT: Commissioner Berezny.

Commission Chair Watson declared that the Mental Health Commission had formally recommended for approval the proposed MHSA Annual Update for Fiscal Year 2018-19, the Innovation Plan for FY 2018-19 through FY 2020-21, and the Program Expenditure Plan for FY 2018-19 through FY 2019-20 to the Governing Board who will consider tonight's recommendations at its Regular Meeting on June 20th. She then thanked, on behalf of the Mental Health Commission and the Governing Board, everyone for attending and participating in this Public Hearing; that it had been a remarkable process to get to this point, and everyone's participation tonight was greatly appreciated.

GOVERNING BOARD / MENTAL HEALTH COMMISSION COMMENTS

There was no comment.

PUBLIC COMMENT

There was no comment.

ADJOURNMENT

At 8:18 p.m., there being no further discussion, Commissioner Villanueva moved, and Commissioner Bloom seconded, to adjourn the meeting. The motion was carried by the following vote: AYES: Commissioners Bloom, Henderson, Stephens, Villanueva, and Williams; Vice-Chair Perez; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Berezny.

The next Regular Meeting of the Mental Health Commission will be held on Tuesday, June 12, 2018 at 3:30 p.m. in the Administration Building, 1717 North Indian Hill Boulevard #B, Claremont, California.

At 8:18 p.m., there being no further discussion, Board Member Sparks Johnson moved, and Board Member Gonzalez seconded, to adjourn the meeting. The motion was carried by the following vote: AYES: Alternate Board Member DeFrank; Board Members Gonzalez, Lyons, and Sparks Johnson; and Chair Carder. NOES: None. ABSTAIN: None. ABSENT: Board Members Cockrell and Ontiveros-Cole, and Vice-Chair Vera.

The next Regular Meeting of the Governing Board will be held on Wednesday, June 20, 2018 at 4:45 p.m., in the Administration Building, 1717 North Indian Hill Boulevard #B, Claremont, California.



Micaela P. Olmos, JPA Administrator/Clerk