



HOPE. WELLNESS. COMMUNITY.

Let's find it together.

TRI-CITY MENTAL HEALTH AUTHORITY

Founded in 1960
by the residents

of Pomona,
Claremont and La
Verne.

NOTICE AND CALL

FOR SPECIAL MEETING OF THE MENTAL HEALTH COMMISSION

NOTICE IS HEREBY GIVEN that a Special Meeting of the Mental Health Commission of Tri-City Mental Health Authority has been called for Tuesday, **July 9, 2024 at 3:30 p.m.** to be held in the Wellness Center located at 1403 North Garey Avenue, Pomona, California due to construction activities at the regular meeting location.

Anne Henderson
Chair of the Mental Health Commission

The agenda for the Special Meeting is attached hereto.

AFFIDAVIT OF POSTING

Administrative Office

1717 North Indian Hill
Boulevard, Suite B
Claremont, CA 91711
Phone (909) 623-6131
Fax (909) 623-4073

Clinical Office / Adult

2008 North Garey Avenue
Pomona, CA 91767
Phone (909) 623-6131
Fax (909) 865-9281

Clinical Office / Child & Fam

1900 Royalty Drive, Suite 180
Pomona, CA 91767
Phone (909) 766-7340
Fax (909) 865-0730

MHSA Administrative Office

2001 North Garey Avenue
Pomona, CA 91767
Phone (909) 623-6131
Fax (909) 326-4690

Wellness Center

1403 North Garey Avenue
Pomona, CA 91767
Phone (909) 242-7600
Fax (909) 242-7691

I, Micaela P. Olmos, JPA Administrator/Clerk/Recording Secretary of Tri- City Mental Health Authority, hereby declare under the laws of the State of California, that a copy of said Notice was posted at the following TCMHA locations: 2008 N. Garey Avenue in Pomona; 1403 N. Garey Avenue in Pomona; 1900 Royalty Drive #180/280 in Pomona; 2001 N. Garey Avenue in Pomona; and on the TCMHA's website: <http://www.tricitymhs.org>.

Executed this 5th day of July 2024, at Upland, California.

Micaela P. Olmos
JPA Administrator/Clerk/Recording Secretary



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MISSION: By understanding the needs of consumers and families, Tri-City Mental Health Authority provides high quality, culturally competent behavioral health care treatment, prevention and education in the diverse cities of Pomona, Claremont, and La Verne.

TRI-CITY MENTAL HEALTH AUTHORITY

MENTAL HEALTH COMMISSION

SPECIAL MEETING AGENDA

TUESDAY, JULY 9, 2024 AT 3:30 P.M.

Meeting Location: Wellness Center, 1403 North Garey Avenue, Pomona, CA 91767

To join the meeting on-line click on the following link:

<https://tricitymhs->

[org.zoom.us/j/84935454645?pwd=hO1W97UJloGLg9yBe7pl1MCsPE8PILCt.CH4aLA2znXc44SX](https://tricitymhs-)

Passcode: xm.T07sV

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Public Participation. Section 54954.3 of the Brown Act provides an opportunity for members of the public to address the Mental Health Commission (MHC) on any item of interest to the public, before or during the consideration of the item, that is within the subject matter jurisdiction of the Commission. Therefore, members of the public are invited to speak on any matter on or off the agenda. If the matter is an agenda item, you will be given the opportunity to address the legislative body when the matter is considered. If you wish to speak on a matter which is not on the agenda, you will be given the opportunity to do so at the Public Comment section. **No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.**

In-person participation: raise your hand when the Chair invites the public to speak.

Online participation: you may provide audio public comment by connecting to the meeting online through the zoom link provided; and use the Raise Hand feature to request to speak.

Please note that virtual attendance is a courtesy offering and that technical difficulties shall not require that a meeting be postponed.

Written participation: you may also submit a comment by writing an email to molmos@tricitymhs.org. All email messages received by 12:30 p.m. will be shared with the Mental Health Commission before the meeting.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Tri-City Mental Health Authority to all or a majority of the MHC less than 24 hours prior to this meeting, are available for public inspection at 1717 N. Indian Hill Blvd., Suite B, in Claremont during normal business hours.

In compliance with the American Disabilities Act, any person with a disability who requires an accommodation in order to participate in a meeting should contact JPA Administrator/Clerk Mica Olmos at (909) 451-6421 at least 12 hours prior to the meeting.

Mental Health Commission Special Meeting – Agenda
July 9, 2024
Page 2 of 3

POSTING OF AGENDA

The Agenda was posted 24 hours prior to the meeting at the following Tri-City locations: Clinical Facility, 2008 N. Garey Avenue in Pomona; Wellness Center, 1403 N. Garey Avenue in Pomona; Royalty Offices, 1900 Royalty Drive #180/280 in Pomona; MHSA Office, 2001 N. Garey Avenue in Pomona; and on the Tri-City's website: <http://www.tricitymhs.org>

CALL TO ORDER

Chair Henderson calls the meeting to Order.

ROLL CALL

Anne Henderson – *Chair*
Wray Ryback – *Vice-Chair*
Carolyn Cockrell – GB Liaison
Clarence D. Cernal
Isabella A. Chavez

Sandra Christensen
Mildred Garcia
Ethel Gardner
Frank Guzman
Laura Mundy

Joan M. Reyes
Janet R. Roy
Twila L. Stephens
Toni L. Watson
Danette E. Wilkerson

NEW BUSINESS

- I. **APPROVAL OF MINUTES FROM THE MAY 15, 2024 GOVERNING BOARD AND MENTAL HEALTH COMMISSION SPECIAL JOINT MEETING**
- II. **APPROVAL OF MINUTES FROM THE JUNE 11, 2024 MENTAL HEALTH COMMISSION SPECIAL MEETING**
- III. **PRESENTATION**
 - A. **OVERVIEW OF 2024 HOMELESS COUNT RESULTS**
 - B. **OVERVIEW OF TCMHA STAFF AND COMMUNITY TRAININGS**
- IV. **EXECUTIVE DIRECTOR MONTHLY REPORT**

COMMISSION ITEMS AND REPORTS

Commissioners are encouraged to make brief comments or request information about mental health needs, services, facilities, or special problems that may need to be placed on a future Mental Health Commission Agenda. In addition, this is an opportunity to provide reports on their activities.

Mental Health Commission Special Meeting – Agenda
July 9, 2024
Page 3 of 3

PUBLIC COMMENT

The Public may speak regarding any Tri-City Mental Health Authority related issue. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

ADJOURNMENT

The next Regular Meeting of the **Mental Health Commission** will be held on **Tuesday, September 10, 2024 at 3:30 p.m.**, in the Wellness Center, 1403 North Garey Avenue, Pomona, California. The Mental Health Commission is dark during the month of August.

MICAELA P. OLMOS
JPA ADMINISTRATOR/CLERK



MINUTES

GOVERNING BOARD AND MENTAL HEALTH COMMISSION SPECIAL JOINT MEETING

MAY 15, 2024 – 5:00 P.M.

The Governing Board and the Mental Health Commission held on Wednesday, May 15, 2024, at 5:00 p.m. a Special Joint Meeting in the Wellness Center located at 1403 North Garey Avenue, Pomona, California.

CALL TO ORDER Chair Leano called the meeting to order at 5:02 p.m.

ROLL CALL Roll call was taken by JPA Administrator/Clerk Olmos.

GOVERNING BOARD

PRESENT: Jed Leano, City of Claremont, Chair
John Nolte, City of Pomona, Vice-Chair
Carolyn Cockrell, City of La Verne, Board Member (arrived at 5:05)
Paula Lantz, City of Pomona, Board Member
Ronald T. Vera, City of Claremont, Board Member
Ken Domer, City of La Verne, Alternate Board Member

ABSENT: Wendy Lau, City of La Verne, Board Member
Elizabeth Ontiveros-Cole, City of Pomona, Board Member

MENTAL HEALTH COMMISSION

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison (arrived at 5:07 p.m.)
Clarence D. Cernal, Commissioner
Sandra Christensen, Commissioner
Mildred Garcia, Commissioner
Ethel Gardner, Commissioner
Frank Guzman, Commissioner
Joan M. Reyes, Commissioner
Janet R. Roy, Commissioner
Twila L. Stephens, Commissioner
Danette E. Wilkerson, Commissioner

ABSENT: Isabella A. Chavez, Commissioner
Laura Mundy, Commissioner
Toni L. Watson, Commissioner

AGENDA ITEM NO. I

STAFF: Rimmi Hundal, Executive Director
Steven Flower, General Counsel
Diana Acosta, Chief Financial Officer
Elizabeth Renteria, Chief Clinical Officer
Seeyam Teimoori, Medical Director
Dana Barford, Director of MHSA & Ethnic Services
Natalie Majors-Stewart, Chief Compliance Officer
Mica Olmos, JPA Administrator/Clerk

PRESENTATION

OVERVIEW OF MAY, MENTAL HEALTH AWARENESS MONTH

Brittany Nguyen, Community Capacity Organizer, introduced May's Mental Health Awareness Month theme: "Reimagine Mental Health"; and explained the outreach and community engagement during the month, stating TCMHA is partnering with local small businesses to provide welcoming environments, and with schools to help reduce the stigma around mental health collaborating with a statewide film contest to host a TCMHA film screening, and providing mental health toolkits via giveaway and promotional items.

At 5:07 p.m. Board Member Carolyn Cockrell arrived at the meeting.

Community Capacity Organizer Nguyen also discussed the Mental Health Awareness Month calendar and explained the various in-person and virtual events available to the community, noting that TCMHA received positive response from the community and business partnership. She then talked about the Directing Change film contest, stating that 186 students from 6 schools submitted 83 films about mental health and suicide prevention, and that one film will be screened at the ceremony hosted at The United Theater in Los Angeles on Tuesday, May 21st. She also indicated that another event would take place event called Story Time at Pomona Public Library where families will also be able to participate in a card game about emotions.

Commissioner Reyes inquired what age group the Story Time card games about emotions is focusing on and how the game works. Community Capacity Organizer Nguyen stated the target age group is ages 0-6 that focuses on teaching them how to express their emotions using flashcards with images that display how to express their emotions.

Commissioner Gardner inquired if the parents have access to the information that is being presented to the students at schools. Community Capacity Organizer Nguyen explained that the information shared with students is provided to the school counselors, teachers, and school staff who in turn, then inform parents. Executive Director Hundal added that school districts provide approval before TCMHA provides any resources or speaks with students.

IMPLEMENTATION OF THE MOBILE CRISIS PROGRAM

Chief Clinical Officer Renteria recapped TCMHA receiving a planning grant from DHCS in 2022, and reported that from March 2022 to February 2023, an Action Plan was developed in collaboration with local and regional organizations, community needs assessments, and the use of consultant services for stakeholder engagement. She indicated that the plan was approved by DHCS (Department of Health Care Services) in February 2023; and provided the plan implementation update, noting that the plan was then extended to include adults and that in April

2024 the MHSA stakeholder process took place, then Governing Board approval, followed by the purchase of vehicles, transitioned from prior plan to current program, and meet with LACDMH (Los Angeles County Department of Mental Health) to coordinate efforts. In May 2024, TCMHA started working on staff schedule guidelines, finished staff handbook, and by the end of the month finished purchasing materials and posting positions on CalOPPS. She then discussed the proposed implementation updates, stating that in June 2024, TCMHA will recruit, hire and train staff, purchase materials, develop promotional materials, and develop data tracking; and that in July 2024, TMCHA will host kick off events, a media campaign and update the TCMHA website. She continued to explain the model overview which includes mobile respond to open TCMHA clients 24/7 365 days a year, assist at the request of local law enforcement, schools, and hospital discharge, provide community members with triage support and linkages, and provide community debriefing and support after a major event or disaster.

Commissioner Garcia inquired about the target age group. Chief Clinical Officer Renteria responded it will assist all ages.

Board Member Vera inquired how the community can contact or request services. Chief Clinical Officer Renteria stated the program will continue to use the number the community currently uses for mental health crisis events and a campaign will be launched to broadcast the contact information, and pointed out that LACDMH will also route calls to TCMHA. Board Member Vera further inquired if the program works with local fire and police department. Chief Clinical Officer Renteria replied in the affirmative.

Chair Leano inquired where the dispatch teams will be stationed. Chief Clinical Officer Renteria stated it is still undetermined where staff will be stationed; however, the requirement will be staff needs to respond to calls within the hour. Executive Director Hundal added that although staff will not be stationed in law enforcement buildings, like the PACT program, emergency responders will still have a triage system to know when to refer the call to the Mobile Crisis unit. Chair Leano sought clarification if the only change is the location of the team, not the service delivery. Chief Clinical Officer Renteria stated that the hope is that the services will increase. Chair Leano further inquired where the anticipated home base will be for the response team, if they will be stationary waiting for activation, or if they will be driving within the cities. Chief Clinical Officer Renteria stated the team will be stationary waiting for activation and that the anticipated home base are the offices on Gary for the day shift and the evening shift will respond from home and must use TCMHA vehicles. Executive Director Hundal added that staff responding from home will use TCMHA vehicles and must live local enough to still respond within the hour.

Board Member Cockrell inquired if a client needs to be transported, does the crisis unit take the client to the first available bed. Chief Clinical Officer Renteria answered that if the client requires a hold, then instruction is to use emergency medical services; that if the client wants to go willingly or does not require a hold, the crisis unit will transport; however, if the situation is unsafe, the crisis unit will not respond without emergency medical support. Board Member Cockrell further inquired about the distance of available beds. Chief Clinical Officer Renteria stated TCMHA applied for additional funding that will allow for more support on shifts. More staff will be available on call to respond.

Commissioner Reyes inquired how many staff members will respond per call. Chief Clinical Officer Renteria indicated that staff will respond in teams of two or can respond singularly if accompanied by law enforcement, pointing out that the safety and well-being of staff is a priority.

Commissioner Reyes further inquired if this will be for active clients only. Chief Clinical Officer Renteria stated that it will be for active clients, except when responding with law enforcement or to schools, noting that if a community member calls, staff will triage to appropriate emergency response services, and that there are ongoing conversations regarding how this program can revolve and expand in the two pilot years.

Board Member Lantz sought clarification regarding the response will be with law enforcement only or also with the fire department. Chief Clinical Officer Renteria states all emergency services.

MENTAL HEALTH COMMISSION

1. APPROVAL OF MINUTES – MENTAL HEALTH COMMISSION REGULAR MEETING OF APRIL 9, 2024

There being no discussion, Commissioner Cernal moved, and Commissioner Guzman seconded, to approve the Mental Health Commission Minutes of its Regular Meeting of April 9, 2024. The motion was carried by the following vote: AYES: Governing Board Liaison Cockrell, Commissioners Cernal, Garcia, Gardner, Guzman, Reyes, Roy, Stephens, and Wilkerson; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: Commissioner Christensen. ABSENT: Commissioners Chavez, Mundy, and Watson.

NEW BUSINESS

2. CONSIDERATION OF RESOLUTION NO. 739 APPROVING AN OPERATIONAL AGREEMENT WITH THE CITY OF POMONA FOR THE CALIFORNIA VIOLENCE INTERVENTION AND PREVENTION (CALVIP) GRANT PROGRAM AND AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE THE AGREEMENT AND ANY AMENDMENTS THEREAFTER.

Board Member Lantz recused herself due to Just Us 4 Youth (JU4Y) being her tenant.

Chief Clinical Officer Renteria reported that the City of Pomona applied for funding for the California Violence Intervention and Prevention (CalVIP) Grant Program, and TCMHA offered to assist the community wherever possible, including providing services for people in the area that require mental help; therefore, TCMHA was requesting the Board to approve the operational agreement for the organization to participate and support the efforts of CalVIP.

Vice Chair Nolte stated that this is a grant for a total of ten million dollars; five million dollars from the state and five million two hundred thousand dollars from the city and other partners. He stated this grant is focused on individuals that are most likely to shoot a gun or be shot by a gun as this population is often the most difficult to reach; that there is a Peace Maker fellowship and community outreach actively working to stop violence; that TCMHA is filling the need to deal with the trauma of everyone involved; and that the goal is to see shooting or violence drop dramatically in the City of Pomona.

Board Member Vera inquired what happens after the 17 months expire, if TCMHA can apply again. Vice Chair Nolte responded in the affirmative, after reevaluation, noting that the State has another round of grant funding, and he is confident funding will come again.

Chair Leano opened the meeting for public comment; and there was no public comment. Chair Leano also invited the Mental Health Commission to make comment.

Commissioner Ryback reported that the Pomona Valley hospital met with CalVIP, and they shared they recently stopped twenty-one acts of gun violence through outreach.

There being no further comment, Vice Chair Nolte moved, and Board Member Vera seconded, to adopt Resolution No. 739 authorizing the Executive Director to execute the Operational Agreement with the City of Pomona, and any amendments thereafter, for the CALVIP Grant Program. The motion was carried by the following vote: Alternate Board Member Domer; Board Members Cockrell, and Vera; and Vice-Chair Nolte; Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Members Lantz, Lau, and Ontiveros-Cole.

Board Member Lantz returned to the meeting.

3. CONSIDERATION OF RESOLUTION NO. 740 AUTHORIZING AN ADDENDUM TO THE SOFTWARE SERVICES AGREEMENT WITH WELLIGENT FOR THE CONTINUUMCLOUD SUBSCRIPTION RENEWAL IN THE AMOUNT OF \$42,631.70 FOR ONE YEAR EFFECTIVE JUNE 1, 2024, AND AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE THE ADDENDUM.

Chief Compliance Officer Majors stated TCMHA is requesting an extension to the ContinuumCloud subscription to accommodate the MHSA programs that are used to document activity and services. She reported that a long-term plan is to select and implement a more comprehensive program; however, research is still being conducted to ensure functionality, security, and all requirements are met.

Chair Leano opened the meeting for public comment; and there was no public comment. Chair Leano also invited the Mental Health Commission to make comment; and there was no comment.

There being no further comment, Board Member Vera moved, and Alternate Board Member Domer seconded, to adopt Resolution No. 740 authorizing the Executive Director to execute an Addendum to the Software Services Agreement with Welligent for the ContinuumCloud subscription renewal in the amount of \$42,631.70 for one-year effective June 1, 2024. The motion was carried by the following vote: Alternate Board Member Domer; Board Members Cockrell, Lantz, and Vera; and Vice-Chair Nolte; Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Members Lau and Ontiveros-Cole.

4. CONSIDERATION OF RESOLUTION NO. 741 APPROVING THE SUBAWARD AGREEMENT WITH PUBLIC HEALTH FOUNDATION ENTERPRISES, DBA HELUNA HEALTH, FOR THE YOUTH BEHAVIOURAL HEALTH INITIATIVE ROUND 5: EARLY INTERVENTION PROGRAMS AND PRACTICES GRANT AWARD (CYBHI) IN THE AMOUNT OF \$750,000 FROM THE CALIFORNIA DEPARTMENT OF HEALTHCARE SERVICES (DHCS); AND AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE THE AGREEMENT AND ANY AMENDMENTS THEREAFTER

Chief Clinical Officer Renteria acknowledges staff members Grants Manager Erin Sapinoso and Controller Trevor Bogle for their role in the awarding of this grant. She reported that these funds will be used to assist in additional staffing for the Mobile Crisis Care Program.

Chair Leano opened the meeting for public comment; and there was no public comment. Chair Leano also invited the Mental Health Commission to make comment.

Commissioner Reyes inquired what staff are being hired for the Mobile Crisis Care Program. Chief Clinical Officer Renteria replied that the state recommends staffing Clinical Therapists, Licensed Psychiatric Technicians, Peer Support Specialists, and Supervisors.

There being no further comment, Board Member Cockrell moved, and Board Member Lantz seconded, to adopt Resolution No. 741 Authorizing the Executive Director to execute the Subaward Agreement, and any amendments thereafter, with Heluna Health Accepting \$750,000 CYBHI R5 grant award for the MCC program. The motion was carried by the following vote: Alternate Board Member Domer; Board Members Cockrell, Lantz, and Vera; and Vice-Chair Nolte; Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Members Lau and Ontiveros-Cole.

5. CONSIDERATION OF REQUEST TO AUTHORIZE THE EXECUTIVE DIRECTOR TO EVALUATE COMMERCIAL REAL ESTATE FOR THE ACQUISITION OF A NEW BUILDING

Chief Financial Officer Acosta reported that staff has been touring buildings for over a year and has found this property meets TCMHA's needs, and provided a slideshow that showed the building and property at 2055 North Garey Avenue.

Board Member Vera inquired who the current owner of the building is to avoid conflict of interest. Chief Financial Officer Acosta states she does not have that information, but will obtain if further consideration is approved.

Chief Financial Officer Acosta then explains the location of the property, stating that is approximately two blocks north of two current TCMHA locations on Garey Avenue; that the lot is .071 acres (30, 928 square feet) and the office space square footage is approximately 9,000 square feet (Gross square footage is 11,118 with 2,137 of common areas), and the property offers thirty-three parking spaces; and provided more images of the building from the street view, aerial view, rear view detailing the entrances and parking lot, and internal photos showing the hallway, common area. She added that a cell tower located on the property in the parking lot and states there is a lease that brings in approximately two thousand dollars in monthly income.

Board Member Vera inquired what is located behind the property. Chief Financial Officer Acosta replied the La Verne Charter School.

Chief Financial Officer Acosta then stated that the property line of the building has room for additional parking spaces, and showed a map where the property is in relation to TCMHA's locations at 2001 North Garey and 2008 North Garey, and the existing floor plan of the building divided into seven suites with offices within each that can be reconfigured for needs, noting that there is potential for forty to seventy staff on site on rotating schedules.

Chair Leano inquired if the agenda item is just to authorize the Executive Director to execute the agency's due diligence, and if the results of the findings will be discussed in a closed session. Chief Financial Officer responded in the affirmative, stating that when formulating an offer, it will be discussed with the Board in closed session. Chair Leano confirms that no details regarding an offer will be discussed currently.

Board Member Lantz inquired if the building is currently on the market. Chief Financial Officer Acosta replied in the affirmative. Board Member Lantz further inquired how the building compares to TCMHA's property on Royalty Drive. Chief Financial Officer Acosta states it will occupy close to half of what Royalty houses and it has work that needs to be completed before it can be occupied; that this will supplement; and that the lease on Royalty expires in a year and will probably need to be extended.

Board Member Vera inquired when the building was last occupied. Chief Financial Officer Acosta indicated that the building is still occupied and tenants are leasing the space on a monthly basis.

Board Member Vera further if it is primarily an office building and if they walls could be reconfigured to allow for more meeting room. Chief Financial Officer Acosta responds in the affirmative, pointing out that Facilities Manager Alex Ramirez walked through the building and stated the hallways could be made narrower to allow for more office space.

Commissioner Reyes inquires if TCMHA locations could be consolidated into one location as opposed to various locations. Executive Director Hundal indicated that the intention is to have a TCMHA campus, but a location cannot be found that is big enough.

Commissioner Stephens inquired if the office spaces have windows. Executive Director Hundal states some do, and some don't.

There being no further comment, Board Member Lantz moved, and Board Member Domer seconded, to approve a motion to authorize the Executive Director to obtain appraisal, property inspections, and an environmental study, to assess and evaluate commercial real estate with the intent to acquire new building; and if negotiations fail and staff is not able to recommend the purchase of the building, the Executive Director is also authorized to repeat the same steps on a different commercial property. The motion was carried by the following vote: Alternate Board Member Domer; Board Members Cockrell, Lantz, and Vera; and Vice-Chair Nolte; Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Members Lau and Ontiveros-Cole.

MONTHLY STAFF REPORTS

6. RIMMI HUNDAL, EXECUTIVE DIRECTOR REPORT

Executive Director Hundal reported that the Baseline property did not close escrow.

Board Member Lantz inquired about the reason for not being able to close escrow. Executive Director Hundal indicated that it was due to funding issues.

Executive Director Hundal continued with her report and stated that she and Dana Barford attended the Pomona City Council Meeting and received a proclamation on behalf of TCMHA for Mental Health Awareness Month; that May is also Asian American and Pacific Islander Heritage Month; that the AAPI community faces very high mental health stigma, and she wanted to highlight the community and welcome them into the TCMHA community. She then reported that TCMHA had seven new hires and five separations.

Commissioner Stephens inquired if Claremont Gardens is the final name (for the Baseline property.) Executive Director Hundal replied in the affirmative.

7. DIANA ACOSTA, CHIEF FINANCIAL OFFICER REPORT

Chief Financial Officer Acosta reported that TCMHA is continuing to receive payments from LACDMH (Los Angeles County Department of Mental Health); and that there will be a ribbon cutting grand opening for the Therapeutic Community Garden.

Board Member Vera inquired about the cash balance of twenty-seven million on page 1 as of March 31st and the different cash balance of thirty-six million on page 3. Chief Financial Officer Acosta states that the balance is in MHSA dollars. Board Member Vera further inquired if the money is already allocated to next year's budget and surplus. Chief Financial Officer Acosta states that the money is already allocated for next year's budget.

Chair Leano opened the meeting for public comment; and there was no public comment.

8. LIZ RENTERIA, CHIEF CLINICAL OFFICER REPORT

Chief Clinical Officer Renteria highlighted work done in the Children Services department, stating that service requests has a 29% decrease from last, noting that this is positive because clients with short term needs are being treated in programs allowing staff to treat more severe clients. She the reported that through the MHSA grant, TCMHA can triage shorter term treatment more quickly resulting in a 29% decrease in service requests, and added sixty-seven new clients; se pointed out that families with more severe needs do not have as long a wait or have a difficulty being seen.

Chair Leano opened the meeting for public comment; and there was no public comment.

9. SEEYAM TEIMOORI, MEDICAL DIRECTOR REPORT

Director Teimoori stated that he is available to answer any questions on the data presented in his report. There were no questions about the Medical Director's report.

10. DANA BARFORD, DIRECTOR OF MHSA AND ETHNIC SERVICES REPORT

Director of MHSA and Ethnic Services Barford highlights the continued efforts in community outreach, indicating that there was a presentation given at Pomona Valley Hospital where MHSA Projects Manager Sara Rodriguez met with Dr. Daniel Blocker, who requested a presentation for his first, second, and third-year medical students, noting that the presentation was very well received.

Board Member Vera inquired if they were interns that met with Sara Rodriguez. Director of MHSA and Ethnic Services Barford clarified that they were resident medical students.

Commissioner Ryback expressed appreciation for that presentation and hoped this will become a yearly visit.

11. NATALIE MAJORS-STEWART, CHIEF COMPLIANCE OFFICER REPORT

Chief Compliance Officer Majors-Stewart stated she is available to answer any questions on the data presented in her report. There were no questions about the Chief Compliance Officer's report.

Chair Leano opened the meeting for public comment; and there was no public comment.

GOVERNING BOARD / MENTAL HEALTH COMMISSION COMMENTS

Commissioner Ryback shared that she and Karen Sepulveda, of Concepts Forward, presented on PADs (Psychiatric Advance Directives) to a group of risk management professionals in southern California at their annual conference and received good feedback and hopes to present more.

Commissioner Cernal reported that he attended a community event on April 21st and was happy to see TCMHA staff talking to the community.

Board Member Vera welcomed the new members to the Mental Health Commission, noting that he and Board Member Cockrell interviewed the new Commissioners.

PUBLIC COMMENT

Christina Vera thanked everyone for their work and asked staff to ask asks themselves “Am I helping this person who is mentally ill?” She stated that it is important to know that you are helping someone with serious mental illness.

Commissioner Guzman stated that TCMHA encourages sustainability, and shows that it is vested in the community, noting that the Pride Center is entering its 5th year anniversary which was possible by TCMHA through the Community Wellbeing Grant. He reported that the Price Center employes 13 youth in the area.

ADJOURNMENT

At 6:29 p.m., on consensus of the Governing Board and the Mental Health Commission its special joint meeting of May 15, 2024, was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, June 11, 2024 at 3:30 p.m., in the Wellness Center, 1403 North Garey Avenue, Pomona, California. The next Regular Meeting of the Governing Board will be held on Wednesday, June 12, 2024 at 5:00 p.m., in the Wellness Center, 1403 North Garey Avenue, Pomona, California.

Micaela P. Olmos, JPA Administrator/Clerk



MINUTES

SPECIAL MEETING OF THE MENTAL HEALTH COMMISSION JUNE 11, 2024 – 3:30 P.M.

The Mental Health Commission Special Meeting was held on Tuesday, June 11, 2024, at 3:33 p.m. in the Wellness Center located at 1403 North Garey Avenue, Pomona, CA 91767.

CALL TO ORDER Chair Henderson called the meeting to order at 3:33 p.m.

ROLL CALL Roll call was taken by JPA Clerk/Administrator Olmos.

MENTAL HEALTH COMMISSION

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison
Clarence D. Cernal
Sandra Christensen
Mildred Garcia
Ethel Gardner
Frank Guzman (arrived at 3:37 pm)
Joan M. Reyes
Danette E. Wilkerson

ABSENT: Isabella A. Chavez
Laura Mundy
Janet R. Roy
Twila L. Stephens
Toni L. Watson

STAFF

PRESENT: Diana Acosta, Chief Financial Officer
Elizabeth Renteria, Chief Clinical Officer
Dana Barford, Director of MHSA & Ethnic Services
Mica Olmos, JPA Administrator/Clerk

NEW BUSINESS

I. PRESENTATIONS

A. OVERVIEW OF JUNE – PRIDE MONTH

Corey Campos, Clinical Therapist and Chair of the Rainbow Collaborative at TCMHA, a group designated to addressing the mental health and difficulties of the LGBTQ+ community. He stated

AGENDA ITEM NO. II

that the Rainbow Collaborative meets monthly on the third Tuesday and their upcoming meeting will discuss the collaborative's next goal; that they work with community partners such as Pomona Valley Pride, Cal Poly Pomona Pride Center, and Diamond Bar Unified School District to give opportunities to the community and represent the underrepresented population. He then stated that every year the Rainbow Collaborative sets goals on what they want to accomplish in the community; that this year's goals focus on Transgender Youth and affirming care; and he pointed out that previous collaborations have been "I love you no matter what", "Love Wins" Pomona Pride Festival, which assist with trainings at TCMHA, work with faith-based families at local churches, and work on social inclusion for LGBTQ+ communities. He added that the community wants access to a list of queer affirming services and service providers, noting that there is a list available, but it is outdated or does not actually provide much assistance; that this is not just for TCMHA, rather for all medical in the area, pointing out that the LGBTQ+ community feels pigeonholed in their medical treatment.

Commissioner Ryback stated that the community is listening, noting that the Pomona Valley Hospital (PVH) had a meeting on gender affirming care and the use of hormone therapy, and that PVH is bringing in more topics for the staff.

Commissioner Gardner inquired if there is a difference between the LGBTQ+ community and other communities. Clinical Therapist Campos responded that all communities are different and that transgender, gay, lesbian, straight communities all face different traumas and have different mental health needs, and used as an example the disabled community, which have different needs and each one is unique. He also stated that the LGBTQ+ community must "come out" regularly.

Commissioner Reyes inquired the reason the LGBTQ+ individuals feel they need to "come out" when seeking medical assistance. Clinical Therapist Campos explained that individuals can make that decision, but they do not always know when it will affect their life, noting that the community wants to feel comfortable and safe and completely authentic with their community and team.

Commissioner Guzman stated that sometimes an individual's sexual orientation does affect their treatment and they want to feel safe in discussing their options with their medical team.

Chief Clinical Officer Renteria stated that harm has been done in the past to the LGBTQ+ community and the community now needs to have a safe space to seek care.

Commissioner Reyes inquired why the term "queer" is used now where it used to be a derogatory term. Clinical Therapist Campos replied that the community had reclaimed the term to empower the community with each other, as opposed to an attack from outside the community.

Commissioner Wilkerson commented that it is similar in the African-American community and formerly derogatory terms used outside of the community are now used regularly within the community; and inquired if the term "queer" can only be used internally or if one's outside the community can safely use the term. Clinical Therapist Campos stated the term "queer" can be used generally by anyone, the issue lies in when it is used in a negative connotation.

Commissioner Garcia thanked TCMHA for the Rainbow Collaborative, and inquired where the list of providers can be found and how it is maintained. Clinical Therapist Campos states that is a list from the community, not TCMHA; however he would like TCMHA to provide one in the future.

Director of MHSA & Ethnic Services Barford stated that currently TCMHA's Community Navigators can conduct research on providers and resources for the community.

Commissioner Ryback stated that there is information on LGBTQ+ providers and designations for hospitals that provide sensitive care to the LGBTQ+ community.

Commissioner Guzman stated that because the documents are constantly changing, he suggested having the list of providers/designation be available on the organization's websites.

Clinical Therapist Campos expressed gratitude to the Commission and attendees for the open conversation.

B. OVERVIEW OF SUMMER CAMP HOSTED BY TCMHA AT THE WELLNESS CENTER

MHSA Program Supervisor Mata provided an overview of the 14th Annual Summer Camp at the Wellness Center, noting that she will discuss guidelines and rules, activities, releases and forms, and any questions. She then explained that the summer camp was developed for children ages seven to twelve from the cities of Pomona, La Verne, and Claremont, noting that the camp provides a safe place for the campers to enjoy four weeks of socializing, learning, and discovering new things; and that the schedule works with the school district's summer break. She also explained the application process and orientation during which families have a month to apply, pointing out that staff are trained in the campers' needs, including any disabilities the campers may have. She then talked about the camp rules and guidelines; camp hours; protocols during an emergency or if a child is sick; the food, water, and snacks provided; and the required dress attire. She also stated that staff wear badges and volunteers are high school or college students that need volunteer or service hours; that TCMHA provides t-shirts, backpacks, sunscreen, hats, noting that the Wellness Center is a drug-free environment and weapons of any kind are prohibited; and that parents must sign release forms for rules and guidelines, photos/video release form, and food allergies or preferences. She then provided a list of the various camp activities, such as building friends, traveling around the world, play at the park, water activities, field trip to the Alf Museum, and bowling, noting that activities are tailored to the campers' abilities; and provided the camp's schedule: Week one is New Adventure (July 15 – July 19), week two is Great Outdoors (July 22 – July 26), week three is Explore Around the World (July 29 – August 2), and week four is You Got a Friend in Me (August 5 – August 9), and pointed out that during week four, Commissioner Watson will come to do a show-and-tell and literacy in coping with stress, hygiene, friendship building, and going back to school. Lastly, she commented that the camp makes lifelong memories and campers, and staff enjoy it; and showed, a picture of Family Wellbeing Team comprised of herself, Sylvia Garcia, and Lupe Garcia.

Commissioner Christensen inquired what is the age range for the campers. MHSA Program Supervisor Mata responded that the age range is ages seven to twelve.

Commissioner Cernal inquired what is the eligibility for enrollment and who is the camp open to. MHSA Program Supervisor Mata stated that the camp is open to open to any child residing in the cities of La Verna, Pomona, and Claremont.

Commissioner Gardner inquired how many days a week is the camp hosted. MHSA Program Supervisor Mata replied Monday through Friday.

Director of MHSA & Ethnic Services reported that during COVID, TCMHA had to adapt.

MHSA Program Supervisor Mata states she was not participating with the program during COVID but after COVID the program implemented social distancing, temperature checks, masks, and the children stayed home if not feeling well. Wellness Center Manager Polanco reported that during COVID, TCMHA delivered supplies to the campers' homes and the campers met virtually to participate in activities together.

Commissioner Ryback inquired how many children enrolled and whether any of them are returning. MHSA Program Supervisor Mata stated that last year there were approximately twenty-three children and this year there are approximately eleven, noting that some are returning and some are new.

Commissioner Cernal inquires what is the maximum capacity. MHSA Program Supervisor Mata replied that maximum capacity is approximately twenty-three children.

C. PUBLIC SERVICE ANNOUNCEMENTS ABOUT MENTAL HEALTH AND SUICIDE PREVENTION SUBMITTED BY STUDENTS FROM LOCAL SCHOOLS IN THE 2024 DIRECTING CHANGE PROGRAM & FILM CONTEST, A STATEWIDE PROGRAM SUPPORTED BY CALMHSA

Brittany Nguyễn, Community Capacity Organizer, provided the history on the Directing Change program and film contest, pointing out that it is funded by counties through the MHSA (Mental Health Services Act) and administered by the CalMHSA (California Mental Health Services Authority); that Directing Change is part of statewide efforts to prevent suicide, reduce stigma and reduce discrimination related to mental illness, and to promote the mental health and wellness of students; that the film contest is open to students in middle school, high school, and college and the submission deadline is March 31st; that the program goals are to inspire a new generation to know the warning signs for suicide and how to support a friend, change the conversations about mental health, reach young people from non-English speaking families, immigrant, and other cultures to communicate about mental health wellness and suicide prevention, and give back by using the submitted films to advocate for change. She then reported that TCMHA hosted a film screening on Thursday, March 16th at the Wellness Center; that one film from TCMHA, *Piecing It Together*, will be screened at a red-carpet award ceremony hosted at The United Theater in Los Angeles on Tuesday, May 21st; that one-hundred eighty-six people from six schools submitted eighty-three films; that those participating schools included Claremont High School, Fremont Academy of Engineering and Design, Ganesha High School, Marshall Middle School, San Dimas High School, and Village Academy High School; and provided the categories and TCMHA winners; that in the category of Suicide Prevention, in second place was filmmakers Nora Campbell and Naomi Flowers from Claremont High School with the film *I Can*, and honorable mentions were *It Can Be Scary* (Claremont High School), *Take Action as a Friend* (Claremont High School), *Family Matters* (Fremont Academy), *Always There For You* (Claremont High School), and *Seek Help for Others* (Village Academy); that in the category of Mental Health, in first place was filmmakers Hudson Colvin, Sebastien Brusselle, and Angelique Wiesner from Claremont High School with the film *Piecing It Together*; that tied for second place were filmmakers Eli Myers and Lindsey Olivo-Mascareno from Claremont High School with the film *First Step*, and honorable mentions were *Reaching Out* (Ganesha High School), *Understanding Depression* (Village Academy), and *The Cycle* (Village Academy); that in the category of Through the Lens of Culture, in fifth place were filmmakers Joceline Pelagio-Godinez and Victor Mendez-Martinez from Fremont Academy with the film *That Didn't Come Out Right*, and honorable

mentions were *Los Hombres No Lloran* (Claremont High School); and that in the category of Animated Short, Honorable Mention was *Sunspot* (Claremont High School).

The ten recognized films were played for the Commission and audience.

Community Capacity Organizer Nguyễn also provided information on how to view the other films showcased at the TCMHA screening; indicated that Directing Change has a grant of one-thousand five hundred dollars or more to schools and organizations to participate in the 2025 Directing Change Program; that some of the requirements are that the organization teaches a lesson on mental health and suicide prevention to youth, and they must host a screening for the community; and that the deadline to apply for the grant is September 30, 2024; that if the teacher or coordinator is unable or uncomfortable presenting a mental health or suicide prevention lesson, Directing Change offers curriculum on their website, noting that she has collaborated with Directing Change to act as a representative and go to school campus or organization location to present on stigma reduction and suicide prevention.

Commissioner Reyes inquired if the Public Service Announcements have been aired. Community Capacity Organizer Nguyễn replied that the films are available on the Directing Change website, but she is not sure if they have been aired in specific areas; and that Directing Change host its own screening and all PSA are shown there.

Commissioner Guzman commented that some of the films are already available on some of the schools' social media platforms.

II. EXECUTIVE DIRECTOR MONTHLY REPORT

During Executive Director Hundal's absence, Director of MHSA & Ethnic Services reported that TCMHA just completed submitting documentation for an audit and program review that the Department of Healthcare Services conducts every three years for counties; and explained that during this audit the Department of Healthcare Services looks into TCMHA's annual updates, three-year plans, community planning process, financials, outcomes, and community engagement; that all of TCMHA's departments gathered data for Fiscal Year of 2022-23; that the review will take four to five weeks, and upon completion they will share any comments and suggestions, noting that the last review was conducted in 2021. She then announced that Juneteenth on June 19th is a federal holiday, and TCMHA will recognize it; that it is a day of celebration of African Americans' liberation, resilience, and excellence; and that it commemorates when the Union Troops liberated the enslaved individuals in Texas. She also stated that June is Pride Month and thanked Clinical Therapist Campos for his presentation on the Rainbow Collaborative; and then pointed out that the report summarizes all TCMHA's activities and trainings for June.

Commissioner Reyes inquired if the Department of Healthcare Services has a schedule and if they conduct this audit for all counties. Director of MHSA & Ethnic Services Barford replied in the affirmative and that the audit takes place approximately every three years.

COMMISSION ITEMS AND REPORTS

Commissioner Reyes announced that a blood drive would take place on July 3rd from 9:00 a.m. to 3:00 p.m. She then talked about Artificial Intelligence (AI) in connection with suicide and mental health issues, and shared quotes from an article entitled "AI in healthcare: The future of patient

care and health management” on how it can help providers and individuals in health care and patience care management.

Commissioner Wilkerson stated that she was researching suicide and depression for a school paper when she received a notification with numbers to contact if seeking help, noting that she realized it was AI monitoring her search that made the helpline suggestion.

Commissioner Reyes shared she read an article stating by 2025, the healthcare industry will have lost approximately ten thousand professionals in clinical staff.

Commissioner Guzman invited everyone to the City of Pomona raising the Pride flag on June 17th at 10:30am; and also invited attendees to the Pomona Valley Pride hosting their 5th Annual Celebration on July 13th at 2:00pm showcasing local events and individuals.

Chair Henderson announced that Commissioner Joan Reyes’ term had concluded, and she had chosen not to renew her membership; thus, this was her last meeting as member of the Mental Health Commission.

Congratulatory remarks and heartfelt farewells were expressed for Commissioner Joan Reyes’ contributions.

Commissioner Reyes stated that she will miss everyone and expressed gratitude for the opportunity to serve as a Commissioner, noting that she will continue to serve the community through *Sowing Seeds For Life*.

PUBLIC COMMENT

Client of TCMHA Wellness Center, expressed gratitude for TCMHA staff, commended TCMHA, and wished there was more awareness for what the Wellness Center offers to the community.

ADJOURNMENT

At 4:54 p.m., on consensus of the Mental Health Commission its special meeting of June 11, 2024, was adjourned. The next regular meeting of the Mental Health Commission will be held on Tuesday, July 9, 2024, at 3:30 p.m., in the Wellness Center, 1403 North Garey Avenue, Pomona, CA 91767.

Micaela P. Olmos, JPA Administrator/Clerk



III. PRESENTATION

A. OVERVIEW OF 2024 HOMELESS COUNT RESULTS

Presenter: Mary Monzon, Housing Manager

B. OVERVIEW OF TCMHA STAFF AND COMMUNITY TRAININGS

Presenters: Amanda Colt, Workforce Education & Training Supervisor
Paul Osorio, Community Mental Health Trainer



Tri-City Mental Health Authority MONTHLY STAFF REPORT

DATE: July 9, 2024

TO: Mental Health Commission of Tri-City Mental Health Authority

FROM: Rimmi Hundal, Executive Director

SUBJECT: Executive Director's Monthly Report

TRI-CITY LOAN REPAYMENT PROGRAM 2024-25

Once again Tri-City is proud to announce that the Tri-City Mental Health Loan Repayment Program (LRP) for 2024-2025 is now accepting applications from staff. This program is intended to support our Tri-City staff who currently have student loans. Any full-time staff member within the Tri-City system of care is eligible to apply for a number of payments of up to \$7,500 toward paying off your student loans. To receive the funds, awardees must maintain employment with Tri-City Mental Health for 12 months from July 1st, 2024, through June 30th, 2025. This program is just one of many incentives offered by Tri-City for both staff recruitment and retention.

BIPOC MENTAL HEALTH MONTH

While any individual can experience symptoms and behaviors of mental illness, individuals who identify as black, indigenous, or people of color (BIPOC) are disproportionately impacted due to a variety of factors including racism, discrimination, socioeconomic status, and other systemic inequities. Stigma surrounding mental health is prevalent in many communities, often leading to shame, silence, and avoidance. Within BIPOC communities specifically, cultural factors and historical trauma can further complicate discussions around mental health. Breaking these stigmas requires open dialogue, cultural sensitivities, and ongoing community support.

As we begin to celebrate BIPOC Mental Health Awareness Month in July, we also want to recognize its history. BIPOC Mental Health Awareness Month was the result of years of advocacy from Bebe Moore Campbell, a Black trailblazer who fought for equitable mental health care, especially for Black communities. On June 2, 2008, Congress formally recognized July as Bebe Moore Campbell National Minority Mental Health Awareness Month. Today it is more commonly known as BIPOC Mental Health Awareness Month, which enables a shift from terms like "marginalized" or "minority" to refer to communities of color and allows us to continue to honor the legacy of Bebe Moore Campbell and her contributions to mental health equity.

This month offers a platform to raise awareness of the unique mental health struggles that communities of color face, to promote the destigmatization of both asking for and receiving help, and to advocate for equitable access to mental health resources. We invite

AGENDA ITEM NO. IV

you to join us in raising awareness and taking on the challenges of mental health conditions, health coverage, and erasing the stigma around mental illness that creates barriers for individuals and communities of color.

Upcoming Events

- **Friday Movie Nights at the Tri-City Wellness Center**
 - **Fridays**
6:00 PM–7:30 PM
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
 - Bring your friends and family, blankets and pillows! Complimentary snacks will be provided. This event is free and open for all ages to attend. For more information, contact the Tri-City Wellness Center at (909) 242-7600 or wellness@tricitymhs.org. Check out the rest of our May movie lineup!
 - **July 12:** Pokémon Detective Pikachu
 - **July 19:** Luca
 - **July 26:** Madagascar: Escape 2 Africa
- **TAY Tiki Party**
 - **Wednesday, July 10, 2024**
5:30 PM-7:30 PM
Tri-City Wellness Center (1403 N Garey Ave, Pomona, CA)
 - Dive into the ultimate summer escape! Enjoy fun luau games and dress to impress with your beachy vibes, board shorts and Hawaiian shirts! Free and open to ages 16 to 25. Snacks included! For more information, contact the Tri-City Wellness Center at (909) 242-7600 or wellness@tricitymhs.org. No registration required.
- **BIPOC Everyday Mental Health (Free Wellness Webinar)**
 - **Friday, July 12, 2024**
1:00 PM–2:30 PM via Zoom
 - In honor of BIPOC Mental Health Awareness Month, this webinar focuses on the importance of mental health, healing and trauma recovery among Black, Indigenous and People of Color (BIPOC) communities. We'll explore ways to nurture mental wellness in your everyday life and support loved ones in accessing the support they need to thrive. This webinar is free and open to the general public, service providers, community groups, and organizations in Pomona, Claremont and La Verne.
 - Registration for free at <https://tinyurl.com/52h6prs4>.
 - For more information, contact Paul Osorio, Community Behavioral Health Trainer, at cmht@tricitymhs.org.

- **RAINBOW LGBTQIA+ Wellness Collaborative Monthly Meeting**

- **Tuesday, July 16, 2024** (Every 3rd Tuesday of the month)
11:00 AM–12:00 AM via Zoom
- To join, please contact Cory Campos, RAINBOW Chair,
at dei@tricitymhs.org to receive a meeting link.

- **Youth Substance Use & Recovery**

Let's Talk: MHSSA Student Wellness Series

- **Thursday, July 18, 2024**
4:00 PM | Via Zoom
[Click here to register](#)
- Please join the MHSSA (Mental Health Student Services Act) team for our monthly Student Wellness webinar series. This is a free parent/caregiver-focused webinar held monthly on the 3rd Thursday of the month and open to the general public. This month, join us as our Co-Occurring Support Team (COST) shares about common substances used by youth, and family behaviors to support drug and alcohol recovery. We'll explore the importance of family education and support, age-appropriate conversations and local community resources to support families and youth wellness. For more information contact Markie Sterner, Clinical Supervisor, and the MHSSA team.

- **MHSSA Father's Group**

- **Thursday, July 18, 2024**
6:30 PM–8:00 PM
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
- Please join our MHSSA Grant team for our parent group, held every 3rd Thursday of the month. Hang out and connect with other parents while watching live sports games and popular sports movies! Snacks and food provided. This is a free support group for parents, guardians, caregivers and any father figure of a child.
- For more information contact Keith Colder or Nicholas Chang.