



Be a *Voice* for *Change*

Join the Tri-City Mental Health Commission
Claremont • La Verne • Pomona

The Mental Health Commission is an official advisory group to Tri-City Mental Health Authority (TCMHA) that works to strengthen behavioral health services in Claremont, La Verne and Pomona. Commissioners review local behavioral health needs, advice leadership on programs and policies, and ensure community voices are part of the planning process. Together, we work to ensure services are accessible and inclusive —promoting prevention, recovery, and resilience for everyone in our community.

Why you should join:

- Use your voice to advocate for mental health in your community
- Help improve services for youth, families, and underserved groups and communities
- Gain experience in public service, policy, and leadership
- Connect with local leaders, advocates, professionals and other changemakers
- Be part of a movement to create lasting, positive change

Who can apply?

- ✓ You're 18 or older
- ✓ You live or work in Claremont, La Verne or Pomona
- ✓ You can volunteer your time, attend monthly meetings and review agendas and materials
- ✓ You can collaborate with other people from diverse backgrounds and experiences



Apply by **March 31, 2026**

Applications available online and in-person

TCMHA Administrative Office (Mon-Thurs from 8 AM-4 PM)
1717 N Indian Hill Blvd, Suite B | Claremont, CA 91711

For more information

Mica Olmos, JPA Administrator/Clerk: molmos@tricitymha.ca.gov | (909) 451-6421

Young adults ages 18-25 are encouraged to apply!

➤ Visit tricitymha.ca.gov to apply!

Your *voice*. Your *wellness*. Your *community*.