

Thank you for joining us. Our webinar will begin in just a moment.



Dana Barford MHSA Projects Manager



On March 17, 2020, California Governor Gavin Newsom signed an Executive Order (N-29-20) authorizing teleconferencing as a means to hold public meetings. This allowed counties, such as Tri-City, to continue to connect with our stakeholders and community partners.

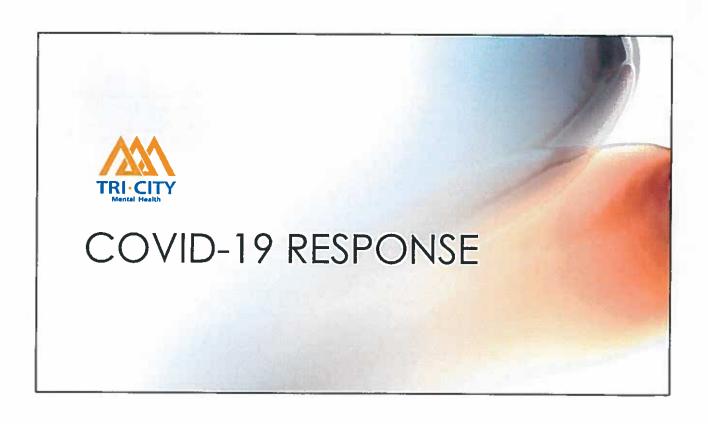
### Webinar Instructions

- To avoid excessive background noise, all participants will be "on mute" during the presentation
- If you have a question or comment during the presentation, please click on the Q & A icon at the bottom of your screen. We will have plenty of time for public comments and questions throughout the presentation.
- We will not be using the chat or raised hand icons.

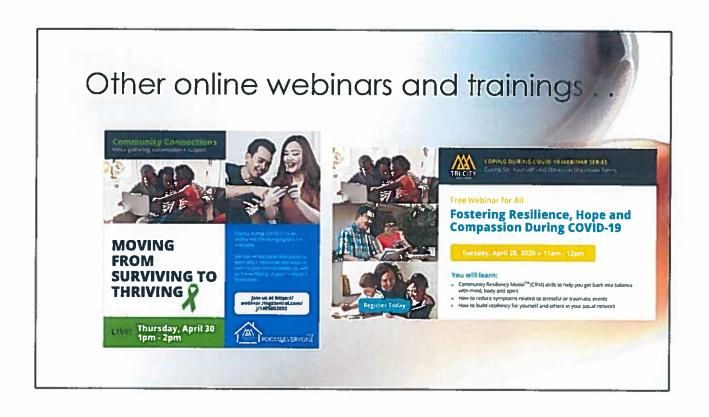
# Agenda

- Update from Tri-City Executive Director-Toni Navarro
- COVID-19 Efforts and Resources
- Recommendations for MHSA Three-Year Program and Expenditure Plan











#### INTRODUCTION

The apps listed here are a quick guide of resources available to people in Claremont, La Verne, and Pomone, to promote wellbeing in simple daily activities.

You may find these apps to be useful for exercise, nutrition, education, emotional health, relaxation and practicing mindfulness. We've made things almple so you don't have to sort through 100s of available apps to improve your wellbeing. These are an initial set of apps based on input received from the community. Others may be forthcoming.

ML = Multiple Languages

\*All apps listed here have a free version. To avoid charges do not enter credit card information

#### APPS FOR CONSIDERATION\*

#### Physical Wellbeing



7-Minute Workout ML Access guided workouts for any activity level



Fooducate Create your healthy diet



Access guided meditations and mindfulness activities

#### **Emotional Wellbeing**



Happity ML Play games to reduce stress, overcome negative thoughts, and build resilience



Mindshift ML Access resources to help manage anxiety



Happy Color<sup>1</sup> Color by Number Engage in coloring activities as a positive coping strategy

#### Intellectual Wellbeing



Hoopia ML Access e-books, music, sudiobooks, and movies



Khan Academy ML Luern onine with interactive exercises and videos



Luminosity ML Improve memory and Increase focus with brain training games

#### Financial Wellbeing



DPSS Mobile Fill out forms and skip a trip to the office

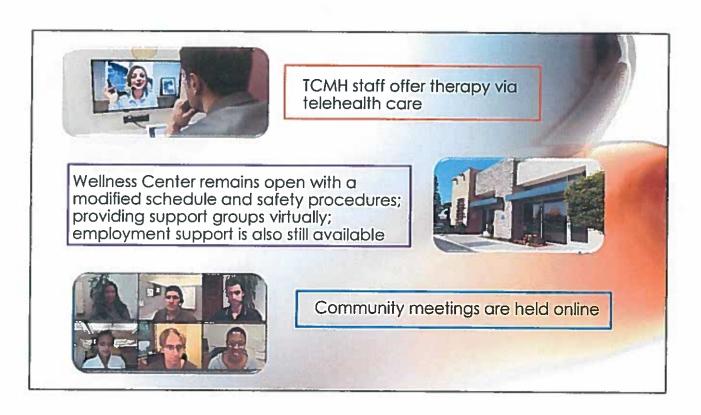


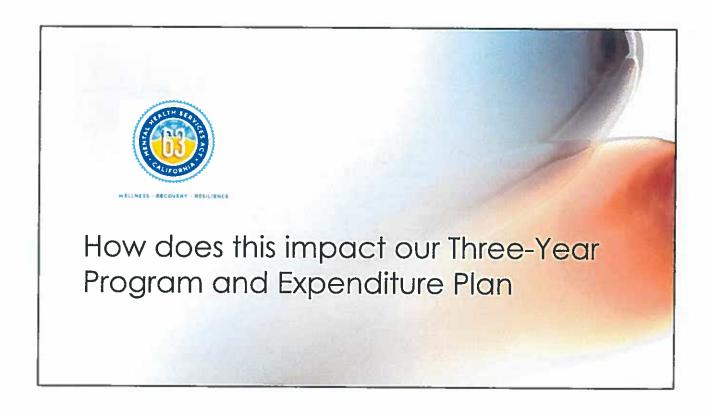
Keeper ML Store and manage passwords socurely



Develop and manage a personal budget







### Where we were . . .

#### January and February 2020

- January 28 and 30 Stakeholder Meeting
- Reviewed recommendations from our MHSA Workgroups
- Highlights:
  - Community Services and Supports funds transfer to Workforce Education and Training (WET) and Capital Facilities and Technological Needs (CFTN)
  - Two new Innovation projects that were designed to meet the needs of the community at that time
  - Tri-City's 3-Year MHSA Plan was formulated well before COVID-19 and in the absence of any concern about financial downturn or how the needs of the community might drastically change

### Where we are now..

- Jan 25-First case of COVID 19 was identified in California
- · Physical distancing and face coverings became our way of life
- · Schools and places of worship began to close
- Non-essential businesses closed their doors
- Demand for unemployment benefits reached historic numbers
- People who were able worked from home
- Others lost their jobs

# Here's what we don't know....

- Long term impact of COVID 19 for our clients and community members
- Type of support that community members will need when the pandemic is over
- What programs or services will need to be developed to meet the needs of our clients and community members
- Prepare financially to meet these needs
- Reevaluate components of our MHSA Three-Year Program and Expenditure Plan

# What does this mean for 3-Year Plan

- Tri-City's Executive Director and Chief Financial Officer have consulted with statewide partners over the past few months
- Need to evaluate the fiscal impact of COVID-19 on county behavioral health as well as the needs of the community over the next few months to next few years
- Determined it necessary to pause the approval of the proposed MHSA 3-Year Plan as originally conceived



2 Recommendations to Support Fiscal Stability and Allow Time For Strategic Assessments Following COVID-19

#1 Recommendation for Restructuring Three-Year Plan

#### Transfer of Funds

- \$500,000 in Community Services and Supports
- Transfer to Workforce Education and Training and Capital Facilities and Technological Needs
  - WET \$425,000
  - CFTN \$75,000

### Recommendation

- Retain the \$500,000 in CSS
- CSS supports clients with highest clinical needs
- Once these funds are transferred they cannot be returned to CSS
- These funds can be reconsidered for the same transfer in the future

### #2 Recommendation for Restructuring Three-Year Plan

### **New Innovation Projects**

- Two new Innovation projects
- Cultural Outreach and Resource Exchange (CORE) \$800,000
- Achieving a Restorative Community (ARC) \$496,160

### Recommendations

- Delay approval and implementation of both Innovation Plans
- Allows time to evaluate community needs post-COVID 19
- Revise or add to the plans projects as needed

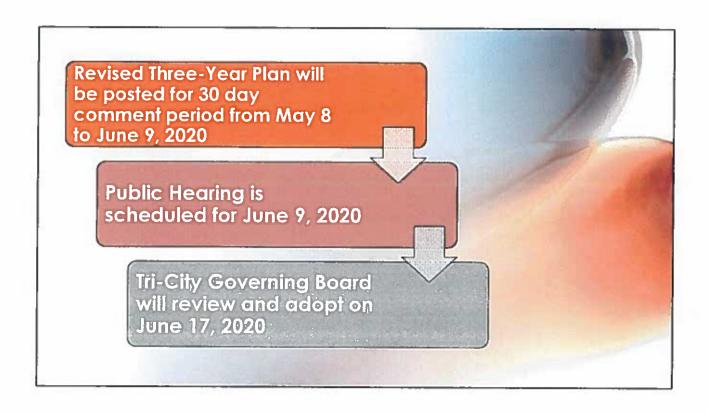
# What are your thoughts?

### **Questions**

Please use your Q&A button at the bottom of your screen.

# Survey

Please complete the survey at the end of this presentation.



# Thank you for joining us!

Public Hearing June 9, 2020

Please check our website for link to webingr