ABOUT PEER MENTORING

The Peer Mentor program trains volunteers who want to learn how to provide emotional support to peers. For every individual (i.e. mentee) they meet with, the role of Peer Mentors is to listen, help identify strengths and areas of need, identify supports and suggest resources to help address mentee concerns. Once trained, Peer Mentors can offer one-on-one mentoring.

PEER MENTOR BENEFITS

- Give back to your local community
- Find support in your own recovery
- Grow personally and professionally
- Receive hands-on training and experience in community mental health
- Receive a monthly stipend

PROGRAM REQUIREMENTS

- 18 years of age and older
- Connected with the cities of Pomona, Claremont or La Verne
- Pass a background check (Fingerprint, Drug Screening, Tuberculosis (TB) Testing)
- Show proof of COVID-19 vaccination or have an approved exemption
- Available to attend mandatory bi-weekly meetings and meet regularly with mentee(s)
- Fulfill a program commitment of at least one year (program begins in September)

Peer Mentor services are provided at no cost to participants. This is made possible through funding from the Mental Health Services Act (MHSA)

For more information, contact:
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