

# Green Ribbon Week

March 18-22, 2024

You can  
*take action*  
to reduce  
mental health  
stigma.

*Thrive in Mind!*

You can be the positive change that  
challenges the negative attitudes  
and stigma of mental health,  
**one conversation at a time.**



The **third week of March** is designated as **Green Ribbon Week** in **Pomona, Claremont and La Verne** to offer people tools and resources to promote positive mental health change.

Discover ways you can take action to enhance mental health awareness and community connection. Visit [tricitymhs.org](https://tricitymhs.org) and follow us [@tricitymhs](https://twitter.com/tricitymhs).