



June



2026

MONDAYS

Grief and Loss
12 PM



WEDNESDAYS

Senior Social
2 PM



FRIDAYS

Senior Calm
2 PM
(hybrid)



UPCOMING

**Senior Movie
Matinee**



June 22 at 2 PM
Fried Green
Tomatoes

GROUPS FOR AGES

55+

Senior & Older Adult
Calendar



For more information or to request accommodations or technology assistance, please contact:

(909) 242-7600 | wellness@tricitymhs.org
1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

Visit tricitymha.ca.gov and follow us @tricitymha